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The Glory Of The World;

or,

Table Of Paradise; A True Account Of The Ancient Science Which Adam Learned From God Himself; Which Noah, Abraham, And Solomon Held As One Of The Greatest Gifts Of God; Which Also All Sages, At All Times, Preferred To The Wealth Of The Whole World, Regarded As The Chief Treasure Of The Whole World, And Bequeathed Only To Good Men; Namely,

The Science Of The Philosopher's Stone

Source: Adam McLean's Alchemy Website @ www.levity.com ~ Included in the *Musaeum Hermeticum* of 1625, though it was first published in German as *Gloria Mundi sonsten Paradeiss Taffel*, Frankfurt, 1620.

2 Peter iii., 5: "For this they willingly, through their wickedness, are ignorant or, that through the Word of God the heavens were of old, and the earth standing out of the water, and in the water".

The Glory Of The World,

or,

Table Of Paradise:

A most precious book, containing art, the like of which is not to be found upon earth; shewing the truth concerning the true Philosophy, and the most noble medicine, and priceless Tincture, together with divers other valuable Arts, and the instruments required for them.

Now, in the name of God, the Almighty Creator and Preserver of this World, I venture to shew forth the hidden mysteries of Nature, which God has planted there, and deigns to reveal to men, that they may see how marvellously things are created, and how wonderfully all classes of natural objects are brought forth: for a testimony to all believing Christian men, and for a comfort to all afflicted and troubled hearts --- seeing that all things created perish and are decomposed only to be renewed again, to be multiplied, animated, and perfected after their kind. For nothing that is created, or born, is at rests but daily undergoes increase or multiplication on the part of Nature, until it becomes that which is created and ordained to be the treasure of all mankind.

Therefore, beseech God to give you such wisdom and understanding as will enable you to understand this Art, and to bring it, by His blessing, to a good issue for His own glory, and the good of your neighbour.

If then you would obtain this knowledge at the hand of God, you must confess yourself a miserable sinner, and implore His blessing, which alone can enable you to receive His Gift worthily, and to bear in mind that He has bestowed it upon you out of pure mercy, and that any pride or presumptuous insolence on your part will most certainly entail its loss, in addition to His wrath, and eternal condemnation. You must resolve to begin this blessed and divine work in the name of God, for the service of all good Christians, and the building up of our faith; to be a good athlete in the war against unbelievers; to shun the company of wicked men; never to open your mouth against the righteous; but to bestow your bounty upon the needy in order that after this life you may receive the

crown of eternal joy and beatitude. For this treasure, which is above all other earthly treasures, is granted to him alone who approves himself humble, honest, gentle, and faithful, as far as the weakness of human nature allows, and keeps the laws of God through God's bounty and blessing, and who is not likely to mistake the true nature of the gift, or to abuse it against his own eternal welfare. It is the gift of the Holy Spirit, the loving bounty of the great God, which comes down from the Father of light. He who masters this Art, must have asked and obtained wisdom of God, since he has not only gold, silver, and all the riches of this world, but also perfect health, length of days, and, what is better still, the comfort to be derived from a reassuring type of the bitter passion and death of our Lord and Saviour Jesus Christ, His descent into hell, His glorious and most holy Resurrection on the third day, and His victory and triumph over sin, death, Devil, and hell --- a victory that must carry joy and comfort to all that have the breath of life.

Let me now shew you how wonderfully the human and divine natures of Jesus Christ were united and joined together in one Person. The soul and body of Christ and His divine nature were so inseparably joined together that they cannot be severed throughout all eternity. Nevertheless Christ had to die, and His soul had to be separated from His body, and once more joined to it on the third day, that His body might be glorified, and rendered as subtle as His soul and spirit. For He had received His body of the substance of the most Blessed Virgin Mary, and therefore it had to be perfected by temporary separation from His soul and Spirit. Nevertheless, His divinity remained united in one essence with the body and soul of Christ --- it was with the body in the tomb, and with His soul in Paradise.

The body of Christ had to be separated from its soul in order that it might receive the same power and glory. But now, Christ having been dead, and His soul having afterwards been reunited to His body, they are henceforth inseparably conjoined into one subtle essence. His divine omnipotence which He received from His Father, which governs all things in heaven and earth, and is equally perfect from all eternity, is now one Person with the Christ Jesus, who suffered, died, rose again, and ascended into heaven, in endless power, glory, majesty, might, and honour.

Therefore, O sinful man, render thanks to Almighty God for the grace and fatherly loving kindness shewn to you; and rest assured that you may obtain the glorification which was given to Christ. For Christ rose first that he might open up for you a way unto His heavenly Father. Like Him, you too must be crucified to this world by many hardships, tribulations, and anxieties. But that you may understand the glorification of the body, and its renewal to eternal life, you should diligently consider God's fatherly love and mercy towards fallen man. Bear in mind that all things that come down from Him are good and perfect gifts. Take care, therefore, lest you foully abuse the gifts bestowed upon you freely, without any merit of your own, to the destruction of your soul; rather let all your actions shew that you love and fear God, and then every labour to which you set your hand will prosper, and from beginning to end you will pursue the work successfully and joyously. Commit your care to God, trust His word, and keep His holy commandments: then God will be with you in all things, will bless your toil, and in His fatherly love forefend all loss and harm. Your art will then afford you true comfort, yield you all you need, refresh you amid all your hardships, supply you with the means of relieving the necessities of others, and constantly keep before your eyes a living type of your own glorious resurrection, and of that of all Christian believers -- whereby we must exchange this earthly and mortal life for endless joy and the glory of eternal and incorruptible beatitude.

Let me then tell you, who would be a true lover of this Art, that it was first delivered by God to Adam in Paradise. For it is a true revelation of many secrets and mysteries. It shews you the vanity of your body and of your life in this world; but it also solaces you with the hope of eternal salvation. It suggests to you the reflection that if God has infused such wonderful virtues into mere inanimate natural objects, surely we, who are so much better than they, must be reserved for some high and glorious destiny. I beseech you, therefore, to acquit yourself wisely in all that you do --- not to be in haste, --- but to reveal this mystery to no mortal man, unless he be a lover of this Art and of a godly, sincere, and merciful temper. Such was the practice of the ancient Sages to whom this wisdom was

revealed by the inspiration of the Holy Spirit. You must also confess that this Art is real, for the sake of those who will not believe that Jesus Christ proceeded from His Almighty Heavenly Father, and was also born of a pure virgin. Moreover, you must ask God to enlighten you by the gift of His Holy Spirit, to sharpen your understanding, to open your eyes, and to grant you a profound insight into that unfathomable wisdom which lies hid in our Art, and which no Sage has ever been able to express in his writings. For there are many secrets in Nature which it is impossible for our unaided human reason to apprehend. If you follow my directions and suffer yourself to be guided by the grace of God, then the work which you undertake for the glory of God, and for the good of your neighbour, will have a joyful issue. Feed the hungry; give drink to the thirsty; clothe the naked; comfort the afflicted; visit the sick and the prisoners: and you shall have what you desire.

Robert Valens Rugl.

A spirit is within, which by deliberate skill
you must separate from the body. Simply
disjoin the material part from the vapour. You
should then add the cold water of the spring.
With this you should unweariedly sprinkle both.
You will then have the true Elixir of all this Art.

Exhortation and Information

To all the lovers of this Art, in which they can see, as in a mirror, all the fundamental and essential requirements thereof; whether it is possible or not to arrive at the true Art, and concerning the same.

I would warn all and sundry, but especially you, my beloved disciples, in clear and impressive language, to be on your guard against all fantastical teaching, and to listen to the truthful information which I shall now proceed to give you.

In the first place, you must give a wide berth to the false Alchemy of the vulgar herd. I have experienced this so much that I am loath to recommend any to undertake the work, since this Art is so well hidden that no mortal on earth can discover it unless Sol and Luna meet. If you give diligent heed to my warning you may attain to a knowledge thereof, but if you do not, you will never approach any nearer to it. Know also that there is only one thing in the whole world that enters into the composition of the Stone, and that, therefore, all coagulation, and admixture, of different ingredients, would shew you to be on a wrong scent altogether. If you could perform all the different operations of our art, yet all your dissolving, coagulating, decomposing, distilling, augmenting, albefying, &c., would be useless, without a true knowledge of our Matter. For our Art is good and precious, nor can any one become a partaker of it, unless it be revealed to him by God, or unless he be taught by a skilled Master. It is a treasure such as the whole world cannot buy. Do not, therefore, my sons, spend your toil until you know what that is on which you are to operate. For even if you knew the right Matter, your information would be useless to you without a knowledge of the method of preparing it. The Stone in its final and effective form is not to be found anywhere in the whole world, either in the heavens above, or in the earth beneath; nor in any metal, nor in anything that grows, nor yet even in gold or silver. It must be prepared, *i.e.*, developed, into its final form; yet for all that, it cannot, strictly speaking, be made better than God created it, nor can the Tincture be prepared out of it: the 'Tincture' must be added to it, and therefore has nothing to do with our main object, since it is a different thing altogether. If it were in any metal, we should surely have to look for it in the Sun or Moon; yet the Moon cannot contain it, or it would long since have become the Sun. Neither is it in mercury, or in any sulphur, or salt, or in herbs, or anything of that nature, as you shall see hereafter. Now we will conclude our exhortation, and proceed to describe the Art itself.

There follow some Methods of Recognising our Stone.

I.

Know that our Stone is one, and that it is justly called a Stone. For it is a Stone, and could bear no name so characteristic, as that of the Stone of the Sages. Yet it is not any one of our existing stones, but only derives its appellation from its similarity to them. For our Stone is so prepared as to be composed of the four elements. On this account it has been called by different names, and assumes different forms, although it is one thing, and its like is not found upon earth. It is a Stony, and not a stone in the sense of having the nature of any one stone; it is fire, yet it has not the appearance, or properties, of fire; it is air, yet neither has it the appearance, or properties, of air; it is water, but has no resemblance, or affinity, to the nature of water. It is earth, though it has not the nature, or appearance, of earth, seeing that it is a thing by itself.

Another way of Knowing our Precious Stone.

II.

An ancient philosopher says: Our Stone is called the sacred rock, and is divided, or signified, in four ways. Firstly, into earth; secondly, into its accretion; thirdly, into fire; and fourthly, into the flame of fire. If any one knows the method of dissolving it, of extracting its salt, and of perfectly coagulating it, he is initiated in the mysteries of the Sages. Therefore if the salt turn white, and assume an oily appearance, then it tinges. There are three stages in our Art. Firstly, the transmutation of the whole thing into one salt; secondly, the rendering of three subtle bodies intangible; thirdly, the repetition of the whole solution of the whole thing. If you understand this, set your hand to the work. For the Matter is only one thing, and would remain one thing, though a hundred thousand books had been written about it, because this Art is so great a treasure that the whole world would not be a sufficient compensation for it. It is described in obscure terms, yet openly named by all, and known to all. But if all knew its secret, no one would work, and it would lose its value. On this account it would be impious to describe it in universally intelligible language. He to whom God will reveal it, may understand these dark expressions. But because most men do not understand them, they are inclined to regard our Art as impossible, and the Sages are branded as wicked men and swindlers. Learned doctors, who thus speak of us, have it before their eyes every day, but they do not understand it, because they never attend to it. And then, forsooth, they deny the possibility of finding the Stone; nor will any one ever be able to convince them of the reality of our Art, so long as they blindly follow their own bent and inclination. In short, they are too wise to discern it, since it transcends the range of the human intellect, and must be humbly received at the hand of God.

Yet another Way of Knowing our Blessed Stone.

The philosopher, Morienus, calls our Stone, water: and he had good reasons for the name. O water of bitter taste, that preservest the elements! O glorious nature, that overcomest Nature herself! O thou that resembllest Nature, which dissolvest her tractable nature, that exaltest Nature -- that art crowned with light, and preservest in thyself the four elements, out of which the quintessence is made! Thou art for the simple, seeing that thou art most simple in thy operation. Having conceived by a natural process, thou bringest forth vapour, and art a good mother. Thou needest no outward help; nature preserves nature, and is not separated from nature by the operation of nature. The thing is easy to find, the knowledge is easy, altogether familiar, yet it is as a miracle to many. Thy solution is great glory, and all thy lovers are named above. Thou art a great arcanum and to the many thou appearest impossible!

Explanation.

Know, my son, that our Stone is such that it cannot adequately be described in writing. For it is a stone, and becomes water through evaporation; yet it is no stone, and it by a chemical process it receives. a watery form it is at first like any other liquid water, being a thin fluid; yet its nature is not like that of any other water upon earth. There is only one spring in all the world from which this water may be obtained. That spring is in Judaea, and is called, the Spring of the Saviour, or of beatitude. By the grace of God its situation was revealed to the Sages. It issues in a secret place, and its waters flow over all the world. It is familiar to all, yet none knows the principle, reason, or way

to find the spring, or discover the way to Judaea. But whoever does not know the right spring will never attain to a knowledge of our Art. For this reason, that Sage might well exclaim, "O water of a harsh and bitter taste!". For, in truth, the spring is difficult to find; but he who knows it may reach it easily, without any expense, labour, or trouble. The water is, of its own nature, harsh and bitter, so that no one can partake of it; and, because it is of little use to the majority of mankind the Sage doth also exclaim, "O water, that art lightly esteemed by the vulgar, who do not perceive thy great virtues, in thee lie, as it were, hid the four elements. Thou hast power to dissolve, and conserve, and join nature, such as is possessed by no other thing upon earth". If you would know the properties and appearance of this Stone, know that its appearance is aqueous, and that the water is first changed into a stone, then the stone into water, and the water at length into the Medicine. If you know the Stone without the method of its preparation, your knowledge can be of no more use to you than if you knew the right method without being acquainted with the true Matter. Therefore our hearts are filled with gratitude to God for both kinds of knowledge.

Concerning the Treasure in the Tincture.

For let me tell you that when you have the red [tincture] you have something that all the treasures of the world will not buy. For it transmutes all metals into true gold, and is therefore much better than the preparation of the Sun. As a medicine it excels all other gold; all diseases may be cured by drinking one drop of the tincture in a glass of wine; and it has power to work many other marvels which we cannot here mention at length. If you wish to prepare the tincture for the Moon, take five half-ounces of the red tincture, and mix it well with five hundred half-ounces of the Moon, which have been subjected to the action of fire, then melt it, and the whole will be changed into the Tincture and the Medicine. Of this take half an ounce, and inject it into five hundred half-ounces of Venus or any other metal, and it will be transmuted into pure silver. Of the red tincture, which you have diligently prepared, take one part to a thousand parts of gold, and the whole will be changed into the red tincture. Of this, again, you may take one part to a thousand parts of Venus, or any other metal, and it will be changed into pure gold. For this purpose you need not buy any gold or silver. The first injection you can make with about a drachm of both; and then you can transmute with the tincture more and, more.

You should also know that in our Art we distinguish two things --- the body and the spirit: the former being constant, or fixed, while the other is volatile. These two must be changed, the one into the other: the body must become water, and the water body. Then again the body becomes water by its own internal operation, and the two, *i.e.*, the dry and the liquid, must once more be joined together in an inseparable union. This conjunction could not take place if the two had not been obtained from one thing; for an abiding union is possible only between things of the same nature. Of this kind is the union which takes place in our Art; for the constituent parts of the Matter are joined together by the operation of nature, and not by any human hand. The substance is divided into two parts, as we shall explain further on. For instance, the Eagle is a "water," which being extracted is then a body dead and lifeless: if it is to be restored to life, the spirit must once more be joined to it, and that in a unique fashion, as we see that it devours gradually again the one eagle after the other. Then the body loses all its grossness, and becomes new and pure; nor can this body and soul ever die, seeing that they have entered into an eternal union, such as the union of our bodies and souls shall be at the last day.

Another Description of our Stone.

The Enigma of the wise (the Stone) is the Salt and Root of the whole Art, and, as it were, its Key, without which no one is able either to lock or unlock its secret entrance. No man can understand this Art who does not know the Salt and its preparation, which takes place in a convenient spot that is both moist and warm; there the dissolution of its liquid must be accomplished, while its substance remains unimpaired. These are the words of Geber.

Explanation.

Know that the Salt of which Geber speaks has none of the specific properties of salt, and yet is called a Salt, and *is* a Salt. It is black and fetid, and when chemically prepared, assumes the appearance of blood, and is at length rendered white, pure, and clear. It is a good and precious Salt which, by its own operation, is first impure and then pure. It dissolves and coagulates itself, or, as the Sage says, it locks and unlocks itself. No Salt has this property but the Salt of the Sages. Its chemical development it may undergo in a moist and convenient place, where its moisture (as the Sage says) may be dissolved in the Bath of Mary. He means that it must be warm enough for its water to be distilled, yet not warmer than the excrement of horses, which is not fresh.

Another Description of our Stone.

Alexander the Great, King of Macedonia, in his "*Philosophy*" has the following words: Know that the Salt is fire and dryness. Fire coagulates, and its nature is hot, dry, and penetrating, even unto the inmost part. Its property is to become white even as the Sun and the Moon with the variations in the extremes of fire, to wit, of the natural fire, while the Sun restores redness and the Moon whiteness, and brings bodies to their spiritual condition at the same time that it removes their blackness and bad sulphur. With it bodies are calcined: it is the secret of the red and white tincture, the foundation and root of all things, and the best of all created things after the rational soul of man. For no Stone in the whole world has a greater efficacy, nor can any child of this earth find the Art without this Stone. Blessed be God in heaven, who hath created this Art in Salt for the transmutation of all things, seeing that it is the quintessence which is above all things, and in all things. God Most High has not only from Heaven blessed creatures in this fashion, but praise, excellence, power, and wisdom are to be recognised as existing in this Salt. He who can dissolve and coagulate it, is well acquainted with the arcana of this Art. Our Salt is found in a certain precious Salt, and in all things. On this account the ancient Sages called it the "common moon," because all men need it. If you would become rich, prepare this Salt till it is rendered sweet. No other salt is so permanent, or has such power to fix the "soul," and to resist fire. The Salt of the earth is the soul; it coagulates all things, is in the midst of the earth when the earth is destroyed; nor is there anything on the earth like its tincture. It is called Rebis (Two-thing), is a Stone, Salt, one body, and, to the majority of mankind, a vile and a despised thing. Yet it purifies and restores bodies, represents the Key of our whole Art, and all things are summed up in it. Only its entering in is so subtle that few perceive it: yet if it enter a body, it tinges it and brings it to perfection. What then should you desire of God but this Salt and the ingression thereof?

If a man lived a hundred thousand years, he could never sufficiently marvel at the wonderful manner in which this noble treasure is obtained from ashes, and again reduced to ashes. In the ashes is Salt, and the more the ashes are burnt, the more ashes it affords; notice also, that that proceeds from fire, and returns to fire, which proceeds from earth. All must confess that in the Salt there are two salts that kill mercury. This is a most profound saying. For sulphur, and the radical liquid, are generated in earth of a most subtle nature, and thus is prepared the Philosopher's Stone, which causes all things, even as the philosophers set forth, to arise out of one thing, and one nature, without the addition of any foreign substance. Our Matter is one of the commonest things upon earth, and contains within itself the four elements. It is, indeed, nothing short of marvellous that so many seek so ordinary a thing, and yet are unable to find it. We might put down many other characteristics of this Salt, but I prefer to leave the further elaboration of this subject to the reader, and to confine myself to a more detailed account of its fruits, entrance, and life, of the mode of opening the garden, and catching a glimpse of the glorious roses, of the way in which they multiply, and bear fruit a thousand-fold; also how you may cause the dead body to reappear, and to be raised again to immortal life, by the power of which it may be able to enter imperfect bodies, purify them, and bring them to perfection, and to a state of immutable permanence.

I now propose to speak of the Stone under three aspects, *viz.*, as the vegetable, the animal, and the mineral Stone; and among these again, of the one which contains those four elements that impart life to all. Place this one substance in an airtight alembic, and treat it according to the precepts of our Art, which we shall set forth further on. Then the sowing in the field can take place, and you obtain

the Mineral Stone, and the Green Lion that imbibes so much of its own spirit. Then life returns to its spirit through the alembic, and the dead body lies at the bottom of the vessel. In the latter there are still two elements which the fire cannot sever --- for sooner the ashes are burned in the fire itself, and the Salt thereby becomes stronger. The earth must be calcined until it turns white; then the earth is severed of its own accord, and is united to its own earth. For every thing strives to be joined to its like. Give it the cold and humid element to drink, and leave it standing eight days, that the two may be well mixed. You must see yourself what is best to be done after this: for I cannot give you any further information at present. Sun and Moon must have intercourse, like that of a man and woman: otherwise the object of our Art cannot be attained. All other teaching is false and erroneous. Think upon this Salt as the true foundation of our Art; for its worth outweighs all the treasures of this world. Itself is not developed into the tincture, but the tincture must be added to it. Nor is the substance of our Art found in any metal.

Another Description of the Matter and the Method By Senior.

Natural things, according to this Sage, are those which have been generated and produced out of a natural substance by a natural method. Now in its first, or lunar, stage, our Stone is produced from a coagulated white earth, as the Sage says: Behold our Sun in our white earth, and that by which the union in our Art is effected; which is twice transmuted into water, and whose volatile exhalation, representing that which is most precious in our Substance, is the highest consolation of the human body. With this water the inward mercury of the metals must be extracted. Hence it follows that our Stone is obtained from the elements of two luminaries (gold and silver), being called our quicksilver and incombustible oil, the soul and light of bodies --- which alone can afford to dead and imperfect bodies eternal light and life. Therefore I pray and beseech you, my son, to crush quicksilver from our Substance with intelligence and great activity.

The Purging the "Earth" of Its Superfluous Earth.

The aforesaid earth, or Matter, you must purify, or calcine, so as to extract its water and spirit. The latter you must enclose in a phial, and pour common aqua vita upon it till the substance is covered to the height of three or four fingers; then subject it to the action of fire for an hour, and diligently distil it by the bath. What remains you must again calcine, and extract with its water till you find nothing more in the "earth". The earth keep for the second stage of the process. The water you have extracted distil over a gentle fire. Then you will find at the bottom of the distilling vessel a certain beautiful substance resembling a crystal stone, which is purged of all earthly grossness, and is called "our earth." This substance you must place in a glass (pumpkin-shaped) distilling vessel, and calcine until it becomes dry and white, and yet liquid withal. Then you have obtained the treasure of this world, which has virtue to purify and perfect all earthly things: it enters into all, it nourishes the fixed salt in all things by means of Mercury or the body.

Another Description of our Stone.

Know, my sons, that the Stone out of which our Art is elaborated, never touches the earth after its generation. If it touch the earth, it is of no use for our purpose, although at its first birth it is generated by the Sun and Moon, and embodies certain earthy elements. It is generated in the earth, then broken, destroyed, and mortified. Out of it arises a vapour which is carried with the wind into the sea, and thence brought back again to the land, where it almost immediately disappears. It must be caught in the air, before it touches the ground; otherwise it evaporates. As soon as it is borne from the sea to the land, you must promptly seize it, and enclose it in your phial, then manipulate it in the manner described. You may know its coming by the wind, rain, and thunder, which accompany it; therefore it should not escape you. Though it is born anew every day, yet it existed from the beginning of the world. But as soon as it falls to the ground, it becomes useless for the purposes of our Art.

From our earth wells forth a fertilizing fountain,
whence flow two precious stones. The first
straightway hastens to the rising of the Sun;
the other makes its way to the setting thereof.
From them fly forth two Eagles, plunge into the
flames, and fall once more to the earth. Both
are furnished with feathers, and Sun and Moon,
being placed under their wings, are perfected.

Know also that two waters flow forth from this fountain; the one (which is the *spirit*) towards the rising Sun, and the other, *the body*, towards the setting Sun. The two are really only one very limpid water, which is so bitter as to be quite undrinkable. The quantity of this water is so great that it flows over the whole earth, yet leads to nothing but the knowledge of this Art. The same also is misused too often by those who desire it. Take also the "fire", and in it you will find the Stone, and nowhere else in the whole world. It is familiar to all men, both young and old, is found in the country, in the village, in the town, in all things created by God; yet it is despised by all. Rich and poor handle it every day. It is cast into the street by servant maids. Children play with it. Yet no one prizes it, though, next to the human soul, it is the most beautiful and the most precious thing upon earth, and has power to pull down kings and princes. Nevertheless, it is esteemed the vilest and meanest of earthly things. It is cast away and rejected by all. Indeed it is the Stone which the builders of Solomon disallowed. but if it be prepared in the right way, it is a pearl without price, and, indeed, the earthly antitype of Christ, the heavenly Corner Stone. As Christ was despised and rejected in this world by the people of the Jews, and nevertheless was more precious than. heaven and earth; so it is with our Stone among earthly things: for the spring where it is found is called the fount of nature. For even as through Nature all growing things are generated by the heat of the Sun, so also through Nature is our Stone born after that it has been generated.

When you have found the water which contains our Stone, you must take nothing away from it, nor add anything to it: for it must be entirely prepared by means of that which it contains within itself. Then extract the water in an alembic, and separate the liquid from the dry. The body will then remain alone on the glass, while the water runs down into the lower part. Thereupon unite the water once more to the body in the manner described above, and your task will be accomplished. Know also that the water in which is our Stone, is composed in well balanced proportions of the four elements. In the chemical process you will learn to distinguish earth, oil, and water, or body, spirit, and soul: the earth is at the bottom of the glass vessel, the oil, or soul, is with the earth, and the water is the spirit which is distilled from it. In the same way you will come upon two colours, namely, white and red, representing the Moon and the Sun. The oil is the fire, or the Sun, the water is air, or the Moon; and Sun and Moon are silver and gold which must enter into union. But enough, what I have said in this Epistle ought to enable you to find the Stone, and if herein you fail to discover it, rest assured that it will never become known to you. Be thou, therefore, a lover of the Art, and commended unto God the Almighty even unto all eternity. Written in the year 1526 after the birth of our Lord.

Thus do the Sages write concerning the two waters which yet are only one water --- and in this alone the Stone is to be found. Know also that by so much as the earthly part is wanting, by also so much does the heavenly part abound more fully. Now this Stone renders all dry and arid bodies humid, all cold bodies warm, all impure bodies clear and pure. It contains within itself all healing and transmuting virtue, breathed into it by the art of the Master and the quickening spirit of fire. Thanks be unto God therefore in all time.

The Sun is its Father, the Moon its Mother.

If you have those two spirits, they bring forth the Stone, which is prepared out of one part of Sulphur, or Sun, and four parts of Mercury, or Moon. The Sulphur is warm and dry, the Mercury

cold and moist. That must again be dissolved into water, which before was water, and the body, which before was mercury, must again become mercury.

Concerning the First Matter, or Seed of the Metals, including that of the Husband, and that of the Spouse.

Metals have their own seed, like all other created things. Generation and parturition take place in them as in everything else that grows. If this were not the case, we should never have had any metals. Now, the seed is a metallic Matter which is liquefied from earth. The seed must be cast into its earth, and there grow, like that of every other created thing. Therefore, we must prepare the earth, or our first Matter, and cast into it the seed, whereupon it will bring forth fruit after its kind. This motion is required for the generation out of one thing, viz., that first Matter; the body must become spirit, and the spirit body: thence arises the medicine which is transmuted from one colour to another. Now, that which is sought in the white produces white, and the red, in like manner, gives red. The first Matter is one thing, and fashioned into its present shape by the hand of God, and not of man --- joined together, and transmuted into its essence by Nature alone. This we take, dissolve, and again conjoin, and wash with its own water, until it becomes white, and then again red. Thus our earth, in which we now may easily see our Sun and Moon, is purified. For the Sun is the Father of metals, and the Moon is their Mother: and if generation is to take place, they must be brought together as husband and wife. By itself neither can produce anything, and therefore the red and the white must be brought together. And though a thousand books have been written about it, yet for all that, the first substance is not more than one. It is the earth into which we cast our grain, that is to say, our Sun and Moon, which then bear fruit after their kind. If itself be cast into metals, it is changed into that which is best, viz., Sun and Moon. This is most true. Thanks be unto God.

A Simple Account of the True Art

According to the Sages, no body is dissolved without the coagulation of the spirit. For as soon as the spirit is transmuted into the body, [the Stone] receives its power. So long as the spirit is volatile, and liable to evaporate, it cannot produce any effect: when it is fixed, it immediately begins to operate. You must therefore prepare it as the baker prepares the bread. Take a little of the spirit, and add it to the body, as the baker adds leaven to the meal, till the whole substance is leavened. It is the same with our spirit, or leaven. The Substance must be continuously penetrated with the leaven, until it is wholly leavened. Thus the spirit purges and spiritualizes the body, till they are both transmuted into one. Then they transmute all things, into which they are injected, into their own nature. The two must be united by a gentle and continuous fire, affording the same degree of warmth as that with which a hen hatches her eggs. It must then be placed in a St. Mary's Bath, which is neither too warm nor too cold. The humid must be separated from the dry, and again joined to it. When united, they change mercury into pure gold and silver Thenceforward you will be safe from the pangs of poverty. But take heed that you render thanks unto God for His gracious gift which is hidden from many. He has revealed the secret to you that you may praise His holy name, and succour your needy neighbour. Therefore, take diligent heed, lest you hide the talent committed to your care. Rather put it out at interest for the glory of God, and the good of your neighbour. For every man is bound to help his fellowman, and to be an instrument in the hand of God for relieving his necessities. Of this rule Holy Scripture affords an illustration in the example of Joseph, Habakkuk, Susanna, and others.

Here follows my Testament which I have drawn up in your favour, my beloved Sons, with all my Heart

For your sakes, beloved students of this Art, and dear Sons, I have committed to writing this my testament, for the purpose of instructing, admonishing, warning, and informing you as to the substance, the method, the pitfalls to be avoided, and the only way of understanding the writings of the Sages. For as Almighty God has created all things out of the dry and the humid elements, our Art, by divine grace, may be said to pursue a precisely similar course. If therefore any man know the principle and method of creative nature, he should have a good understanding of our Art. If anyone

be unacquainted with Nature's methods, he will find our Art difficult, although in reality it is as easy as to crush malt, and brew beer. In the beginning when, according to the testimony of Scripture, God made heaven and earth, there was only one Matter, neither wet nor dry, neither earth, nor air, nor fire, nor light, nor darkness, but one single substance, resembling vapour or mist, invisible and impalpable. It was called Hyle, or the first Matter. If a thing is once more to be made out of nothing, that "nothing" must be united, and become one thing; out of this *one* thing must arise a palpable substance, out of the palpable substance one body, to which a living soul must be given --- whence through the grace of God, it obtains its specific form. When God made the substance, it was dry, but held together by moisture. If anything was to grow from that moisture, it had to be separated from that which was dry, so as to get the fire by itself, and the earth by itself. Then the earth had to be sprinkled with water, if anything moist was to grow out of it, for without moisture nothing can grow. In the same way, nothing grows in water, except it have earth wherein to strike root. It then the water is to bedew the earth, there must be something to bring the water into contact with the earth; for example, the wind prevents all ordinary water from flowing to the sea, and remaining there. Thus one element without the aid of another can bear no fruit; if there was nothing to set the wind in motion it would never blow --- therefore the fire has received the office of impelling and obliging it to do its work. This you may see when you boil water over the fire; for then there arises a steam which is really *air*, *water* being nothing but coagulated air, and air being generated from water by the heat of the Sun. For the Sun shines upon the water, and heats it until steam is seen to issue forth. This vapour becomes wind, and, on account of the large quantity of they air, we get moisture and rain: so air is once more changed or coagulated into water, or rain, and causes all things upon earth to grow, and fills the rivers and the seas.

It is the same with our Stone, which is daily generated from air by the Sun and Moon, in the form of a certain vapour, yea, even through the Red Sea; it flows in Judea in the channel of Nature whither it behoves us to bring it. If we catch it, we lop off its hands and feet, tear off its head, and try to bring it to the red. If we find anything black in it, we throw it away with the entrails and the filth. When it has been purified, we take its limbs, join them together again, whereupon our King revives, never to die again, and Is so pure and subtle as to pervade all hard bodies, and render them even more subtle than itself. Know also that when God, the Almighty, had set Adam in Paradise, He shewed him these two things in the following words: "Behold, Adam, here are two things, one fixed and permanent, the other volatile: their secret virtue thou must not make known to *all* thy sons".

Earth, my brother, is constant, and water volatile, as you may see when anything is burnt. For then that which is constant remains, while that which is volatile evaporates. That which remains resembles ashes, and if you pour water on it, it becomes an alkali, the efficacy of the ashes passing into the water. If you clarify the lye, put it into an iron vessel, and let the moisture evaporate over a fire, you will find at the bottom the substance which before was in the lye, that is to say, the salt of the matter from which the ashes were obtained. This salt might very well be called the Philosopher's Stone, from being obtained by a process exactly similar to that which is employed in preparing the reel Stone, though at the same time it profits nothing in our work. For the substance which contains our Stone is a lye, not indeed prepared by the hand of man from ashes and water, but joined together by Nature, according to the creation and ordination of God, commingled of the four elements, possessed of all that is required for its perfect chemical development. If you take the substance, which contains our Stone, subject it to a St. Mary's Bath in an alembic, and distil it, the water will run down into the antisternium, and the salt, or earth, remain at the bottom, and is so dry as to be without any water, seeing that you have separated the moist from the dry. Pound the body small, put it into the S. Mary's Bath, and expose it to heat till it is quite decomposed. Then give it its water to drink, slowly, and at long intervals, till it is clarified. For it coagulates, dissolves, and purifies itself. The distilled water is the spirit which imparts life to its body, and is the alone soul thereof. Water is wind (air), and wind is life, and the life is soul. In the chemical process, you find water and oil --- but the oil always remains with the body, and is, as it were, burnt blood. Then it is purified with the body by long, continued gentle heat. But you should be careful not to set about this Art before you understand my instructions, which at the end of this first part are bequeathed to you in the form of a

Testament. For the Stone is prepared out of nothing in the whole world, except this substance, which is essentially one. He who is unacquainted therewith can never attain the Art. It is that one thing which is not dug up from mines or from the caverns of the earth, like gold, silver, sulphur, salt, &c., but is found in the form which God originally imparted to it. It is formed and manifested by an excessive thickening of air; as soon as it leaves its body, it is clearly seen, but it vanishes without a trace as soon as it touches the earth, and, as it is never seen again, it must therefore be caught while it is still in the air --- as I told you once before. I have called it by various names, but the simplest is perhaps that of "Hyle", or first principle of all things. It is also denominated the One Stone of the Philosophers, composed of hostile elements, the Stone of the Sun, the Stone of the Metals, the runaway slave, the aeriform Stone, the Thirnian Stone, Magnesia, the corporeal Stone, the Stone of the jewel, the Stone of the free, the golden Stone, the fountain of earthly things, Xelis, or Silex (flint), Xidar, or Radix (root), Atrop, or Porta (gate). By these and many other names it is called, yet it is only *one*. If you would be a true Alchemist, give a wide berth to all other substances, turn a deaf ear to all other advisers, and strive to obtain a good knowledge of our Stone, its preparation, and its virtue.

My Son, esteem this my Testament very highly: for in it I have, out of love and compassion towards you, given the reins to the warm-hearted impulse which constrains me to reveal more than I ought to reveal. But I beseech you, by the Passion of our Lord and Saviour Jesus Christ, not to communicate my Testament to ignorant, unworthy, or wicked men, lest God's righteous vengeance light upon you, and hurl you into the yawning gulf of everlasting punishment, from which also may the same merciful God most mercifully preserve us.

It is by no means a light thing to shew the nature of the aforesaid Hyle. Hyle is the first Matter, the Salt of the Sages, Azoth, the seed of all metals, which is extracted from the body of "Magnesia" and the Moon.

Hyle is the first principle of all things --- the Matter that was from the beginning. It was neither moist, nor dry, nor earth, nor water, nor light, nor darkness, but a mixture of all these things, and this mixture is HYLE.

Here Follows The Second Part Of This Book

In the beginning, when God Almighty had created our first parent Adam, together with all other earthly and heavenly bodies, He set him in Paradise, and forbade him, under penalty of eternal death, to eat of the fruit of the tree of the knowledge of good and evil. So long as Adam obeyed the Divine precept he had immortality, and possessed all that he needed for perfect happiness. But when he had partaken of the forbidden fruit, he was, by the command of God, driven forth into this world, where he and his descendants have since that time suffered nothing but poverty, disease, anxiety, bitter sorrow, and death. If he had been obedient to the Divine injunction, he would have lived a thousand years in Paradise in perfect happiness, and would then have been translated to heaven; and a like happy destiny would have awaited all his descendants. For his disobedience God visited him with all manner of sufferings and diseases; but in His mercy also shewed him a medicine whereby the different defects brought in by sin might be remedied, and the pangs of hunger and disease resisted, as we are, for instance, preserved and strengthened by bodily meat and drink.

It was on account of this original sin that Adam, in spite of his great wisdom and the many arts that God had taught him, could not accomplish his full thousand years. But if he had not known the virtues of herbs, and the Medicine, he would certainly not have lived as long as he did. When, however, at length his Medicine would no longer avail to sustain life, he sent his son Seth to Paradise to fetch the tree of life. This he obtained after a spiritual manner. But Seth did seek also and was given some olives of the Tree of the Oil of Mercy, which he planted on the grave of his father. From them sprang up the blessed Tree of the Holy Cross, which through the atoning death of our Redeemer became to us wretched, sinful men, a most potent tree of life, in gracious fulfilment of the

request of our first parent Adam. On the other hand, the suffering, disease, and imperfection brought not only upon men, but also upon plants and animals, by the fall of Adam, found a remedy in that precious gift of Almighty God, which is called the Elixir, and Tincture, and has power to purge away the imperfections not only of human, but even of metallic bodies; which excels all other medicines, as the brightness of the sun shames the moon and the stars. By means of this most noble Medicine many men, from the death of Adam to the fourth monarchy, procured for themselves perfect health and great length of days. Hence those who had a good knowledge of the Medicine, attained to three hundred years, others to four hundred, some to five hundred, like Adam; others again to nine hundred, like Methusalem and Noah; and some of their children to a longer period still, like Bacham, Ilrehur, Kalix, Hermes, Geber, Albanus, Ortulanus, Morienus, Alexander of Macedonia, Anaxagoras, Pythagoras, and many others who possessed the Medicine of the Blessed Stone in silence, and neither used it for evil purposes, nor made it known to the wicked; just as God Himself has in all times hidden this knowledge from the proud, the impure, and the froward. But cease to wonder that God has put such excellent virtue into the Stone, and has imparted to it the power of restoring animal bodies, and of perfecting metals: for I hope to explain to you the whole matter in the three parts of my Book, which I have entitled GLORY of the WORLD. If you will accept my teaching, and follow my directions, you will be able to prove the truth of my assertions by your own happy experience. Now when you have attained this great result, take care that you do not hide your talent. Use it for the solace of the suffering, the building of Christian schools and churches, and the glory of the Holy Trinity. Otherwise God will call you to an eternal account for your criminal neglect of His gift May God deign to keep us from such a sin, and to establish us in His Holy Word!

To the Reader

If it should seem unto you a tedious matter, my friendly reader, to read through and digest my book, I advise you to cheer yourself on by bearing in mind the great object you have in view. If you do so you will find the book very pleasant reading, and a joy indeed. Since God --- praised in all times be his Holy and Venerable Name! --- in His unspeakable mercy has made known to me the magistry of this most true and noble Art, I am moved and constrained by brotherly love to shew you the manner of producing this treasure, in order that you may be able to avoid the ruinous trouble and expense to which I was put in the course of a long and fruitless search. I will endeavour to be as clear and outspoken as possible, in order to vindicate myself from the possible charge of imposture, malice, and avarice. I am most anxious that the gift which God has committed to my trust shall not rust, or rot, or be useless in my hands. For this most precious Medicine is so full of glorious potency as to be most justly styled the Oil of Mercy, for reasons which your own understanding will suggest to you. It is therefore unnecessary for me to go into this preliminary question at any great length. I may at once proceed to give you an account of the Art itself, and to put you on your guard against all seducing deceivers, --- in short, to open up to you a true, unerring, and joyful road to the knowledge and possession of the Stone, and to the operations of this Art.

Therefore, I --- who possess the Stone, and communicate to you this Book --- would faithfully admonish and beseech you to keep this my TABLE of PARADISE and GLORY of the WORLD, from all proud and unjust oppressors of the poor; from all presumptuous, shallow, scornful, calumnious, and wicked persons, so as not to put it into their hands, on pain of God's everlasting punishment. I beseech you to take this warning to heart; but, on the other hand, to communicate and impart this my Table to all true, poor, pious, honest, and benevolent persons, who will gratefully reverence and rightly use the merciful gift of God, and conceal it from the unworthy. Nevertheless, even if my book should find its way into the hands of wicked men, God will so smite them with blindness as to prevent them from apprehending too much of my meaning, and frustrate all their attempts to carry out my directions. For God knows how to confound the wicked, and bring their presumption to nought; as we are also told by David in his psalms: "Thine enemies shalt thou hold in thine hand, and shalt restrain them in the snares of their mind." I beseech you, therefore, my sons, to give diligent heed to my teaching; then you will spend this life in health and happiness, and at

length inherit everlasting joy. I pray that God the Father, the Son, and the Holy Ghost, may grant this my petition.

An Account of the True Art

I make known to all ingenuous students of this Art that the Sages are in the habit of using words which may convey either a true or a false impression; the former to their own disciples and children, the latter to the ignorant, the foolish, and the unworthy. Bear in mind that the philosophers themselves never make a false assertion. The mistake (if any) lies not with them, but with those whose dulness makes them slow to apprehend the meaning. Hence it comes that, instead of the waters of the Sages, these inexperienced persons take pyrites salts, metals, and divers other substances which, though very expensive, are of no use whatever for our purpose. For no one would dream of buying the true Matter at the apothecary's; nay, that tradesman daily casts it into the street as worthless refutes. Yet the matter of our Stone is found in all those things which are used by ignorant charlatans: for it is our Stone, our Salt, our Mercury, our verdigris, halonitre, salmiac, Mars, sulphur, &c. It is not dug out with pick-axes from ordinary mountains, seeing that our Stone is found in our mountains and springs; our Salt is found in our salt-spring, our metal in our earth, and from the same place we dig up our mercury and sulphur. But what we mean by our mines and springs these charlatans cannot understand. For God has blinded their minds and made gross their senses, and left them to carry on their experiments with all manner of false substances. Nor do they seem able to perceive their error, or to be roused from their idle imaginations by persistent failure. Where they should have distilled with gentle heat they sublime over a fierce fire, and reduce their substance to ashes, instead of developing its inherent principles by vitalizing warmth. Again, when they should have dissolved, they coagulated instead, and so on. By these false methods they could, of course, obtain no good result; but instead of blaming their own ignorance they lay the fault on their teacher, and even deny the genuineness of our Art. As a matter of fact, all their mistakes arise from their misinterpreting the meaning of words which should have put them on the right scent. For instance, when the Sages speak of calcining, these persons understand that word to mean "burning," and consequently render their substance useless by burning it to ashes. When the Sages "dissolve", or transmute into "water", these shallow persons corrode with aqua fortis. They do not understand that the dissolution must be effected with something that is contained within our substance, and not by means of any foreign appliance. These foolish devices bear the same relation to our Art that a dark hole bears to a transparent crystal. It is their own ignorance that prevents them from attaining to a true knowledge; but *they* put the blame on our writings, and call us charlatans and impostors. They argue that if the Stone could be found at all, they must have discovered it long ago, their eyes being as keen and their minds as acute as they are. "Behold", say they, "how we have toiled day and night, how many books we have read, how many years we have spent in our laboratories: surely if there were anything in this Art, it could not have escaped us". By speaking thus, they only exhibit their own presumption and folly. They themselves have no eyes, and they make that an argument for blaspheming our high and holy Art. Therefore, you should first strive to make yourself acquainted with the secrets of Nature's working, and with the elementary principles of the world, before you set your hand to this task. After acquiring this knowledge, carefully peruse this book from beginning to end; you will then be in a position to judge whether our Art is true or false. You will also know what substance you must take, how you must prepare it, and how your eager search may be brought to a successful issue. Let me enjoin you, therefore, to preserve strict silence, to let nobody know what you are doing, and to keep a good heart: then God will grant you the fulfilment of all your wishes.

Here follows my own Opinion and Philosophical Dictum

I now propose to put down a brief statement of the view which I take of this matter. He who understands my meaning may at once pass on to the opinions of the various Sages, which I have placed at the end of my book. He who does not apprehend my meaning, will find it explained in the following treatise.

Since I know the blessed and true Art, with the nature and the matter of the Stone, I have thought it my duty freely to communicate it to you -- Not in a lawyer's style, nor in pompous language, but in few and sample words. Whoever peruses this book carefully, and with an elementary knowledge of natural relations, cannot miss the secret which I intend to convey. I am afraid that I shall be overwhelmed with reproaches for speaking out with so much plainness, seeing that this Art has never, from the beginning of the world, been so clearly explained as I mean to explain it in this Book. Nevertheless, I am well aware that I am now declaring a secret which must for ever remain hidden from the wise of this world, and from those who are established in their own conceits. But I must now proceed to give you the result of my experience

My beloved sons and disciples, and all ye that are students of this Art; I herewith, in the fulness of Christian faith and charity. do make known to you that the Philosopher's Stone grows not only on "our" tree, but is found, as far as its effect and operation are concerned, in the fruit of all other trees, in all created things, in animals, and vegetables, in things that grow, and in things that do not grow. For when it rises, being stirred and distilled by the Sun and the Moon, it imparts their own peculiar form and properties to all living creatures by a divine grace; it gives to flowers their special form and colour, whether it be black, red, yellow, green, or white; in the same way all metals and minerals derive their peculiar qualities from the operation of this Stone. All things, I say, are endowed with their characteristic qualities by the operation of this Stone, i.e., the conjunction of the Sun and Moon. For the Sun is the Father, and the Moon the Mother of this Stone, and the Stone unites in itself the virtues of both its parents. Such are the peculiar properties of our Stone, by which it may be known. If you understand the operation, the form, and the qualities, of this Stone, you will be able to prepare it; but if you do not, I faithfully counsel you to give up all thought of ever accomplishing this task.

Observe, furthermore, how the seeds of all things that grow, as, for instance, grains of wheat or barley, spring forth from the ground, by the operation of the Stone, and the developing influences of Sun and Moon; how they grow up into the air, are gradually matured, and bring forth fruit, which again must be sown in its own proper soil. The field is prepared for the grain, being well ploughed up, and manured with well rotted dung; for the earth consumes and assimilates the manure, as the body assimilates its food, and separates the subtle from the gross. Therewith it calls forth the life of the seed, and nourishes it with its own proper milk, as a mother nourishes her infant, and causes it to increase in size, and to grow upward. The earth separates, I say, the good from the bad, and imparts it as nutriment to all growing things; for the destruction of one thing is the generation of another. It is the same in our Art, where the liquid receives its proper nutriment from the earth. Hence the earth is the Mother of all things that grow; and it must be manured, ploughed, harrowed, and well prepared, in order that the corn may grow, and triumph over the tares, and not be choked by them. A grain of wheat is raised from the ground through the distillation of the moisture of the Sun and Moon, if it has been sown in its own proper earth. The Sun and Moon must also impel it to bring forth fruit, if it is to bring forth fruit at all. For the Sun is the Father, and the Moon the Mother, of all things that grow.

In the same way, in *our* soil, and out of *our* seed, our Stone grows through the distilling of the Sun and Moon; and as it grows it rises upwards, as it were, into the air, while its root remains in the ground. That which is above is even as that which is below; the same law prevails; there is no error or mistake. Again, as herbs grow upward, put forth glorious flowers and blossoms, and bear fruit, so our grain blossoms, matures its fruit, is threshed, sifted, purged of its chaff, and again put in the earth, which, however, must previously have been well manured, harrowed, and otherwise prepared. When it has been placed in its natural soil, and watered with rain and dew, the moisture of heaven, and roused into life by the warmth of the Sun and Moon, it produces fruit after its own kind. These two sowings are peculiar characteristics of our Art. For the Sun and Moon are our grain, which we put into our soil, as soul and spirit --- and such as are the father and the mother will be the children that they generate. Thus, my sons, you know our Stone, our earth, our grain, our meal, our ferment, our manure, our verdigris, our Sun and Moon. You understand our whole magistry, and may

joyfully congratulate yourselves that you have at length risen above the level of those blind charlatans of whom I spoke. For this, His unspeakable mercy, let us render thanks and praise to the Creator of all things, through Jesus Christ our Lord. Amen.

Concerning the Origin of Metals

My son, I will now proceed to explain to you more in detail the generation of the metals, and the way in which they receive their growth and development, with their special form and quality. You will thereby be enabled to understand, even from the very foundation, with marvellous accuracy and clearness, the principle that underlies our whole Art. Permit me, therefore, to inform you that all animals, trees, herbs, stones, metals, and minerals, grow and attain to perfection, without being necessarily touched by any human hand: for the seed is raised up from the ground, puts forth flowers, and bears fruit, simply through the agency of natural influences. As it is with plants, so it is with metals. While they lie in the heart of the earth, in their natural ore, they grow, and are developed, day by day, through the influence of the four elements: their fire is the splendour of the Sun and Moon; the earth conceives in her womb the splendour of the Sun, and by it the seeds of the metals are well and equally warmed, just like the grain in the fields. Through this warmth there is produced in the earth a vapour or spirit, which rises upward and carries with it the most subtle elements. It might well be called a fifth element: for it is a quintessence, and contains the most volatile parts of all the elements. This vapour strives to float upward through the summit of the mountains, but, being covered with great rocks, they prevent it from doing so: for when it strikes against them, it is compelled to descend again. It is drawn up by the Sun, it is forced down again by the rocks, and as it falls the vapour is transmuted into a liquid, *i.e.*, sulphur and mercury. Of each of these a part is left behind --- but that which is volatile rises and descends again, more and more of it remaining behind, and becoming fixed after each descent. This "fixed" substance is the metals, which cleave so firmly to the earth and the stones that they must be smelted out in a red-hot furnace. The grosser the stones and the earth of the mountains are, the less pure will the metal be; the more subtle the soil and the stones are, the more subtle will be the vapour, and the sulphur and mercury formed by its condensation -- and the purer these latter are, the purer, of course, will the metals themselves be. When the earth and the stones of the mountain are gross, the sulphur and mercury must partake of this grossness, and cannot attain to their proper development. Hence arise the different metals, each after its own kind. For as each tree of the field has its own peculiar shape, appearance, and fruit, so each mountain bears its own particular ore, those stones and that earth being the soil in which the metals grow. The quality of this soil is to a great extent dependent upon planetary influences. The nearer the mountains lie to the planets, the more do metals grow in them; for the qualities of metals are determined by planetary influences. Mountains that are turned towards the sun have subtle stones and earth, and produce nothing but gold. If they are more conveniently situated for being influenced by the moon, their metallic substance is turned into silver. For all metals, when perfectly developed, must ultimately become Moon and Sun, though some need to be operated on by the Sun and Moon longer than others: for the Sun is the Father, and the Moon the Mother, of all things that grow. Thus you see that gold glitters like the Sun, and silver like the Moon. Now, children always resemble their parents; and all metallic bodies contain within themselves the properties of the Sun: to change the baser metals into gold and silver, there is positively nothing wanting but gentle solar warmth. In this respect there exists a close analogy between animal and vegetable growth. When the Sun retires in the winter, the flowers droop and die, the trees shed their leaves, and all vegetable development is temporarily suspended. In the summer again, when the heat of the Sun is too great, not being sufficiently tempered by the cooling influences of the Moon, all vegetation is withered and burnt up. If there is to be perfect growth, the Sun and Moon must work together, the one heating and the other cooling. If the influence of the Moon prevails unduly, it must be corrected by the warmth of the Sun, the excessive heat of the Sun must be tempered by the coldness of the Moon. All development is sustained by solar fire. Imperfect metals are what they are, simply because they have not yet been duly developed by solar influences.

Now, by the special grace of God, it is possible to bring this natural fire to bear on imperfect metals by means of our Art, and to supply the conditions of metallic growth without any of the hindrances which in a natural state prevent perfection. Thus by applying our natural fire, we can do more towards "fixing" imperfect bodies and metals in a moment, than the Sun in a thousand years. For this reason our Stone has also power to cure all things that grow, acting on each one according to its kind. For our Matter represents a perfect and inseparable union of the four elements, which indeed is the sum of our Art, and is consequently able to reconcile and heal all discord in all manner of metals and in all things that grow, and to put to flight all diseases. For disease is discord of the elements, (one unduly lording it over the rest) in animal as well as in metallic bodies. Now as soon as our blessed Medicine is applied, the elements are straightway purified, and joined together in amity; thus metallic bodies are fixed, animal bodies are made whole of all their diseases, gems and precious stones attain to their own proper perfection.

You should also know that all stones are generated by the Sun and Moon out of the sulphur and volatile mercury; if they do not become metals, that is entirely due to their own grossness. In the same way, all plants are generated from sulphur and mercury, and that by the heat of the Sun and Moon. For the Sun and Moon are the mercury in our Matter. The Sun is warm and dry, the Moon warm and moist; for in [the] earth is hid a warm and dry fire, and in that fire dwells warm and moist air --- and from these is generated mercury which is both warm and moist. Hence there may be distinguished two chief constituent principles, to wit, moist and dry, that is, earth, wind, and water, unto which mercury is conjoined, and the same is warm and moist. Mercury and sulphur, in our substance, and in all things, spring from the moist and dry, the moist and dry being stirred by the warmth of the Sun, and distilled and sublimed, --- in each thing according to its specific nature. Thus our Stone is that mercury which is mixed of the dry and the moist. But the common mercury is useless for our purpose --- for it is volatile, while our mercury is fixed and constant. Therefore have nothing to do with the common mercury, but take our mercury which is the principle of growth in all bodies, whether human, vegetable, or metallic; which imparts to all flowers their fragrance and colour. This mercury represents an harmonious mixture of the four elements, hot and dry, Sun and Moon. It is generated in the form of a vapour in the fields and on the mountains, by the warmth of the Sun: that vapour is condensed into a moisture, from which arise sulphur and mercury, and from them again metals. The same process takes place in our Art, which represents the union of the warm and moist, by means of warmth. For our substance is generated in the form of a vapour out of warmth and moisture, and changed into sulphur. In this fire and water, and nowhere else, is our Stone to be found. For the vapour carries upward with it most subtle earth, most subtle fire, most subtle water, and most subtle air, and thus presents a close union of the most subtle elements. This is the first Matter, and may be divided into water and earth, which two are again joined together by gentle heat, even as in the woods and mountains mercury is joined with a quick earth and rare water by means of a temperate warmth, and in the long process of time is converted into metal. So is it ordained in our Art, and not otherwise does the process take place. When you, therefore, see that our substance, having been first generated in the form of a vapour, permits itself to be separated into water and earth, you may know that the Stone is composed of the four elements. Know also that the vapour in the mountains is true mercury (which cannot be said of the ordinary mercury); for wherever there is vapour in the mountains, there is true mercury, which by ascending and descending, in the manner described above, becomes fixed, and inseparable from its earth, so that where the one is, there the other must abide.

Thus I have told you plainly enough how the metals are generated, what mercury is, and how it is transmuted into metals. I will therefore conclude this part of my treatise, and tell you in the following section how you may actually perform the chemical process. You see that it is not so incredible, after all, that all metals should be transmuted into gold and silver, and all animal bodies delivered from every kind of disease; and I hope and trust that God will permit you practically to experience the truth of this assertion.

Now I will tell you how you must produce the Fire and Water, in which is prepared the Mercury required for thee red and white Tincture

Take fire, or the quicklime of the Sages, which is the vital fire of all trees, and therein doth God Himself burn by divine love. In it purify Mercury, and mortify it for the purposes of our Art; understand, with vulgar Mercury, which you wish to fix in water or fire. But the Mercury which lies hidden in this water, or fire, is therein fixed of itself. The Mercury which is in the fire must be decomposed, clarified, coagulated, and fixed with indelible, living, or Divine fire, of that kind which God has placed in the Sun; and wherein God Himself burns as with Divine love for the consolation of all mankind. Without this fire our Art can not be brought to a successful issue. This is the fire of the Sages which they describe in such obscure terms, as to have been the indirect cause of beguiling many innocent persons to their ruin; so even that they have perished in poverty because they knew not this fire of the Philosophers. It is the most precious fire that God has created in the earth, and has a thousand virtues --- nay, it is so precious that men have averred that the Divine Power itself works effectually in it. It has the purifying virtue of Purgatory, and everything is rendered better by it. It is not wonderful, therefore, that a fire should be able to fix and clarify Mercury, and to cleanse it from all grossness and impurity. The Sages call it the living fire, because God has endowed it with His own Divine, and vitalising power.

In the writings of the Sages, this fire goes by different names. Some call it "burnt" wine, others assign to it three names from the analogy of the Three Persons of the Holy Trinity, God the Father, God the Son, and God the Holy Ghost; Body, Soul, and Fire, or Spirit.

The Sages further say: The fire is fire, and also water, containing within itself both cold and heat, moisture, and dryness, nor can anything extinguish it but itself. Hence others say that it is an inextinguishable fire, which is continually burning, purifying, and tinging all metals, consuming all their impurities, and combining Mercury with the Sun in so close an union that they become one and inseparable.

Therefore our great Teachers say that as God the Father, the Son, and the Holy Ghost, are three Persons, and yet but one God; so this fire unites these three things, namely, the Body, Spirit, and Soul, or Sun, Mercury, and Soul. The fire nourishes the Soul which binds together the Body and the Spirit, and thus all three become one, and remain united for ever. Again, as an ordinary fire, on being supplied with fuel, may spread and fill the whole world, so this Tincture may be multiplied, and so this fire may enter into all metals; and one part of it has power to change two, three, or five hundred parts of other metals into gold.

Again, the Sages call this fire the fire of the Holy Spirit, because as the Divinity of Christ took upon itself true flesh and blood without forfeiting anything of its Divine Nature, so the Sun, the Moon, and Mercury, are transmuted into the true Tincture, which remains unaffected by all outward influences, and endures, and will endure, for ever. Once more, as God feeds many wicked sinners with his blood, so this Tincture tinges all gross and impure metals, without being injured by contact with them. So also, therefore, may it be compared with the sacro-saintly Sacrament of the Most Holy Eucharist, from which no sinner is excluded, how impure soever he may have been. You have thus been made acquainted with the all but miraculous virtue of this fire: remember that no student of this Art can possibly do without it. For another Sage says: "In this invisible fire you have the whole mystery of this Art, as the three Persons of the Holy Trinity are truly concluded in one substance". In this fire the true Art is summed up in three palpable things, which yet are invisible and incomprehensible, like the Holy Spirit. Without those three things our Art can never be brought to perfection. One of them is fire; the second, water; the third, earth; and all those three are invisibly present in *one* essence, and are the instrumental cause of all perfection in Nature.

Now will I also describe the operation of those Three Things in our art, and will at once begin with all Three.

Our wise Teacher Plato says: "Every husbandman who sows good seed, first chooses a fertile field, ploughs and manures it well, and weeds it of all tares; he also takes care that his own grain is free from every foreign admixture. When he has committed the seed to the ground, he needs moisture, or rain, to decompose the grain, and to raise it to new life. He also requires fire, that is, the warmth of the Sun, to bring it to maturity". The needs of our Art are of an analogous nature. First, you must prepare your seed, *i.e.*, cleanse your Matter from all impurity, by a method which you will find set forth at length in the Dicta of the Sages which I subjoin to this Treatise. Then you must have good soil in which to sow your Mercury and Sun; this earth must first be weeded of all foreign elements if it is to yield a good crop. Hence the Sage enjoins us to "sow the seed in a fruitful field, which has been prepared with living fire, and it will produce much fruit". What is the Urine of Children?

I will now truly inform you concerning the Urine of Children, and of the Sages. The spirit which is extracted from the metals is the urine of children: for it is the seed and the first principle of metals. Without this seed there is no consummation of our Art, and no Tincture, either red or white. For the sulphur and mercury of gold are the red, the sulphur and mercury of silver are the white Tincture: the Mercury of the Sun and Moon fixes all Mercury in imperfect metals, and imparts excellence and durability even to common Mercury. Dioscorides has written an elegant treatise concerning this Urine of Children, which he calls the first Matter of metals.

What is the Mercury of the Sages?

Mercury is nothing but water and salt, which have been subjected for a long space of time to natural heat so as to be united into one. This is Mercury, or dry water, which is not moist, and does not moisten anything; of course, I do not speak of crude common mercury, but of the Mercury of the Sages. The Sages call it the fifth element. It is the vital principle which brings all plants to maturity and perfection. The other quintessence, which is in the earth, and partly material, contains within itself its own seed which grows out of its soil. The heavenly quintessence comes to the aid of the earthly, removes the grossness of its earth, and brings the aforesaid seed to maturity. For Mercury, and the Celestial Quintessence, drain off all harmful moisture from the quintessence of the earth. This Mercury is also called sulphur of the air, sulphur being a hardening of mercury; or we may describe them as husband and wife, from whom issue many children in the earth. You must not think that I desire to hide from you my true meaning: nay, I will further endeavour to illustrate it in the following way. Common sulphur, as you know, coagulates common mercury; for sulphur is poisonous, and mercury deadly. How then can you obtain from either of them anything suitable for perfecting the other, seeing that both require to be assisted by some external agent? On the other hand, I tell you that if, after the conjunction of our fixed sulphur with our sublimed mercury, you sprinkle a mere particle of it upon crude mercury, the latter is at once brought to perfection. Again, you may clearly perceive that the quintessence of the earth has its operation in the winter when the earth is closed up with frost; while the Quintessence of the Stars operates in the summer times when it removes all that is injurious in the inferior quintessence, and thus quickens everything into vigorous growth. The two quintessences' may also be driven off into water, and there conserved. An earthly manifestation you may behold in the colours of the rainbow, when the rays of the Sun shine through the rain. But, indeed, there is not a stone, an animal, or a plant, that does not contain both quintessences. In short, they embody the secret of our whole Magistery, and out of them our Stone is prepared. Hermes, in his Emerald Table, expresses himself as follows: "Our Blessed Stone, which is of good substance, and has a soul, ascends from earth to heaven, and again descends from heaven to earth. Its effectual working is in the air; it is joined to Mercury; hence the Sun is its Father, the Moon its Mother; the wind has borne it in her womb, the earth is its nursing mother, and at length that which is above is also that which is below. The whole represents a natural mixture: for it is a Stone and not a Stone, fixed and volatile, body and soul, husband and wife, King and Queen." Let what I have said suffice, instead of many other words and parables.

Composition

Albertus expresses himself thus concerning the conjunction of the Stone: "The elements are so subtle that no ordinary method of mingling will avail. They must first be dissolved into water, then mixed, and placed in a warm spot, where they are united after a time by natural warmth. For the Elixir and the two solutions must be conjoined in the proportion of three parts of the Elixir and one part of the crushed body. This must again be coagulated and dissolved, and so also again until the whole has become one, without any transmutation. All this is accomplished by the virtue of our mercurial water; for with it the body is dissolved. It is that which purifies, conjoins, dissolves, and makes red and white." Aristotle says of it as follows: This water is the earth in which Hermes bids us sow the seed; the Sun or Moon, as Senior hath it, for extraction of the Divine water of sulphur and mercury, which is fire, warming and fructifying by the igneous virtue thereof. This is the Mercury and that is the water which wets not the hand. It is the Mercury which all Sages have loved and used, and of which they have acknowledged the virtue so long as they lived.

The Third Part Of This Treatise, Containing The Dicta Of The Sages.

i. I will now proceed to quote the very words of the various Sages in regard to this point, in order that you may the more easily understand our meaning. Know then that Almighty God first delivered this Art to our Father, Adam, in Paradise. For as soon as He had created him, and set him in the Garden of Eden, He imparted it to him in the following words: "Adam, here are two things: that which is above is volatile, that which is below is fixed. These two things contain the whole mystery. Observe it well, and make not the virtue that slumbers therein known to thy children; for these two things shall serve thee, together with all other created things under heaven, and I will lay at thy feet all the excellence and power of this world, seeing that thou thyself art a small world."

ii. ABEL, the son of Adam, wrote thus in his Principles: After God had created our Father, Adam, and set him in Paradise, He subjected to his rule all animals, plants, minerals, and metals. For man is the mountain of mountains, the Stone of all stones, the tree of trees, the root of roots, the earth of earths. All these things he includes within himself, and God has given to him to be the preserver of all things.

iii. SETH, the son of Adam, describes it thus: Know, my children, that in proportion as the acid is subjected to coction, by means of our Art, and is reduced into ashes, the more of the substance is extracted, and becomes a white body. If you cook this well, and free it from all blackness, it is changed into a stone, which is called a white stone until it is crushed. Dissolve it in water of the mouth, which has been well tempered, and its whiteness will soon change to redness. The whole process is performed by means of this sharp acid and the power of God.

iv. ISINDRUS: Our great and precious Matter is air, for air ameliorates the Matter, whether the air be gross or tenuous, warm or moist. For the grossness of the air arises from the setting, the approach, and the rising of the Sun. Thus the air may be hot or cold, or dry and rarefied, and the degrees of this distinguish summer and winter.

v. ANAXAGORAS says: God and His goodness are the first principle of all things. Therefore, the mildness of God reigns even beneath the earth, being the substance of all things, and thus also the substance beneath the earth. For the mildness of God mirrors itself in creating, and His integrity in the solidity that is beneath the earth. Now we cannot see His goodness, except in bodily form.

vi. SENIOR, or PANDOLPHUS, says: I make known to posterity that the thinness, or softness, of air is in water, and is not severed from the other elements. If the earth had not its vital juice, no moisture would remain in it.

vii. ARISTEUS delivers himself thus briefly: Know that the earth is round, and not flat. For if it were perfectly flat, the Sun would shine everywhere at the same moment

viii. PYTHAGORAS: That which is touched and not seen, also that which is known but not looked upon, these are only heaven and earth; again, that which is not known is in the world and is perceived by sight, hearing, smell, taste, or touch. Sight shews the difference between black and white; hearing, between good and evil; taste, between sweet and bitter; touch, between subtle and gross; smell, between fragrant and fetid.

ix. ARISTEUS, in his Second Table, says: Beat the body which I have made known to you into thin plates; pour thereon our salt water, i.e., water of life, and heat it with a gentle fire until its blackness disappears, and it becomes first white, and then red.

x. PARMENIDES: The Sages have written about many waters, stones, and metals, for the purpose of deceiving you. You that desire a knowledge of our Art, relinquish Sun, Moon, Saturn, and Venus, for our ore, and our earth, and why so? Every thing is of the nature of no thing.

xi. LUCAS: Take the living water of the Moon, and coagulate it, according to our custom. By those last words I mean that it is already coagulated. Take the living water of the Moon, and put it on our earth, till it becomes white: here, then, is our magnesia, and the natures of natures rejoice.

xii. ETHEL: Subject our Stone to coction till it becomes as bright as white marble. Then it is made a great and effectual Stone, sulphur having been added to sulphur, and preserving its property.

xiii. PYTHAGORAS: We exhibit unto you the regimen concerning these things. The substance must drink its water, like the fire of the Moon, which you have prepared. It must continue drinking its own water and moisture till it turns white. .

xiv. PHILETUS Know, ye sons of philosophy, that the substance, the search after which reduces so many to beggary, is not more than one thing of most effectual properties. It is looked down upon by the ignorant, but held in great esteem by the Sages. Oh, how great is the folly, and how great also is the presumptuous ignorance of the vulgar herd! If you knew the virtue of this substance, kings, princes, and nobles would envy you. We Sages call it the most sharp acid, and without this acid nothing can be obtained, neither blackness, whiteness, nor the Tincture.

xv. METHUSALEM: With air, vapour, and spirit we shall have vulgar mercury changed into as good a silver as the nature of minerals will allow in the absence of heat.

xvi. SIXION: Ye sons of philosophy, if you would make our substance red, you must first make it white. Its three natures are summed up in whiteness and redness. Take e, therefore, our Saturn, subject it to coction in aqua vita --- until it turns white, becomes thick, and is coagulated, and then again till it becomes red. Then it is red lead, and without this lead of the Sages nothing can be effected.

xvii. MUNDINUS: Learn, O imitators of this Art, that the philosophers have written variously of many gums in their books, but the substance they refer to is nothing but fixed and living water, out of which alone our noble Stone can be prepared. Many seek what they call the essential " gum." and cannot find it. I reveal unto you the knowledge of this gum and the mystery which abides therein. Know that our gum is better than Sun and Moon. Therefore it is highly esteemed by the Sages, though it is very cheap; and they say: Take care that you do not waste any of our "gum". But in their books they do not call it by its common name, and that is the reason why it is hidden from the many, according to the command which God gave to Adam.

xviii. DARDANIUS: Know, my sons, that the Sages take a living and indestructible water. Do not, then, set your hands to this task until you know the power and efficacy of this water. For nothing can be done in our Art without this indestructible water. For the Sages have described its power and efficacy as being that of spiritual blood. Transmute this water into body and spirit, and then, by the grace of God, you will have the spirit firmly fixed in the body.

xix. PYTHAGORAS, in his Second Book, delivers himself as follows: The Sages have used different names for the substance, and have told us to make the indestructible water white and red. They have also apparently indicated various methods, but they really agree with each other in regard to all essentials, and it is only their mystic language that causes a semblance of disagreement. Our Stone is a stone, and not a stone. It has neither the appearance nor the properties of stone, and yet it is a stone. Many have called it after the place where it is found; others after its colour.

xx. NEOPHIDES: I bid you take that mystic substance, white magnesia And have a care that the Stone be pure and bright. Then place it in its aqueous vessel, and subject it to gentle heat, until it first becomes black, then again white, and then red. The whole process should be accomplished in forty days. When you have done this, God shows you the first substance of the Stone, which is an eagle -- stone, and known to all men.

xxi. THEOPHILUS: Take white Magnesia, *i.e.*, quicksilver, mingled with the Moon. Pound it till it becomes thin water; subject it to coction for forty days; then the flower of the Sun will open with great splendour. Close well the mouth of the phial, and subject it to coction during forty days, when you will obtain a beautiful water, which you must treat in the same way for another forty days, until it is thoroughly purged of its blackness, and becomes white and fragrant.

xxii. BAELUS says: I bid you take Mercury, which is the Magnesia of the Moon, and subject it and its body to coction till it becomes soft, thin, and like flowing water. Heat it again till all its moisture is coagulated, and it becomes a Stone.

xxiii. BASAN says: Put the yellow Matter into the bath, together with its spouse, and let not the bath be too hot, lest both be deprived of consciousness. Let a gentle temperature be kept up till the husband and the wife become one; sprinkle it with its sweat, and set it in a quiet place. Take care you do not drive off its virtue by too great heat. Honour then the King and his Queen, and do not burn them. If you subject them to gentle heat, they will become, first black, then white, and then red. If you understand this, blessed are ye. But if you do not, blame not Philosophy, but your own gross ignorance.

xxiv. ARISTOTLE: Know, my disciples, the Sages call our Stone sometimes earth, and sometimes water. Be directed in the regulation of your fire by the guidance of Nature. In the liquid there is first water, then a stone, then the earth of philosophers in which they sow their grain, which springs up, and bears fruit after its kind.

xxv. AGODIAS: Subject our earth to coction, till it becomes the first substance. Pound it to an impalpable dust, and again enclose it in its vessel. Sprinkle it with its own moisture till an union is effected. Then look at it carefully, and if the water presents the appearance of) (, continue to pound and heat For, if you cannot reduce it to water, the water cannot be found. In order to reduce it to water, you must stir up the body with fire. The water I speak of is not rain water, but indestructible water which cannot exist without its body, which, in its turn, cannot exist, or operate, without its own indestructible water.

xxvi. SIRETUS: What is required in our Art is our water and our earth, which must become black, white, and red, with many intermediate colours which shew themselves successively. Everything is generated through our living and indestructible water. True Sages use nothing but this living water which supersedes all other substances and processes. Coction, calcination, distillation, sublimation, desiccation, humectation, albefaction, and rubrefaction, are all included in the natural development of this one substance.

xxvii. MOSINUS: The Sages have described our substance, and the method of its preparation, under many names, and thus have led many astray who did not understand our writing. It *is* composed of red and white sulphur, and of fixed or indestructible water, called permanent water.

xxviii. PLATO: Let it suffice you to dissolve bodies with this water, lest they be burned. Let the substance be washed with living water till all its blackness disappears, and it becomes a white Tincture.

xxix. ORFULUS: First, subject the Matter to gentle coction, of a temperature such as that with which a hen hatches her eggs, lest the moisture be burnt up, and the spirit of our earth destroyed. Let the phial be tightly closed that the earth may crush our substance, and enable its spirit to be extracted. The Sages say that quicksilver is extracted from the flower of our earth, and the water of our fire extracted from two things, and transmuted into our acid. But though they speak of many things, they mean only one thing, namely, that indestructible water which is our substance, and our acid.

xxx. BATHON: If you know the Matter of our Stone, and the mode of regulating its coction, and the chromatic changes which it undergoes -- as though it wished to warn you that its names are as numerous as the colours which it displays -- then you may perform the putrefaction, or first coction, which turns our Stone quite black. BY this sign you may know that you have the key to our Art, and you will be able to transmute it into the mystic white and red. The Sages say that the Stone dissolves itself, coagulates itself, mortifies itself, and is quickened by its own inherent power, and that it changes itself to black, white, and red, in Christian charity and fundamental truth.

xxxi. BLODIUS. Take the Stone which is found everywhere, and is called Rebis (Two-thing), and grows in two mountains Take it while it is still fresh, with its own proper blood. Its growth is in its skin, also in its flesh, and its food is in its blood, its habitation in the air. Take of it as much as you like, and plunge it into the Bath.

xxxii. LEAH, the prophetess, writes briefly thus: Know, Nathan, that the flower of gold is the Stone; therefore subject it to heat during a certain number of days, till it assumes the dazzling appearance of white marble.

xxxiii. ALKIUS: You daily behold the mountains which contain the husband and wife. Hie you therefore to their caves, and dig up their earth, before it perishes.

xxxiv. BONELLUS: All ye lovers of this Art, I say unto you, in faith and love: Relinquish the multiplicity of your methods and substances, for our substance is one thing, and is called living and indestructible water. He that is led astray by many words, will know the persons against whom he should be on his guard.

xxxv. HIERONYMUS: Malignant men have darkened our Art, perverting it with many words; they have called our earth, and our Sun, or gold, by many misleading names. Their salting, dissolving, subliming, growing, pounding, reducing to an acid, and white sulphur, their coction of the fiery vapour, its coagulation, and transmutation into red sulphur, are nothing but different aspects of one and the same thing, which, in its first stage, we may describe as incombustible and indestructible sulphur.

xxxvi. HERMES: Except ye convert the earth of our Matter into fire, our acid will not ascend.

xxxvii. PYTHAGORAS, in his Fourth Table, says: How wonderful is the agreement of Sages in the midst of difference! They all say that they have prepared the Stone out of a substance which by the vulgar is looked upon as the vilest thing on earth. Indeed, if we were to tell the vulgar herd the ordinary name of our substance, they would look upon our assertion as a daring falsehood. But if they were acquainted with its virtue and efficacy, they would not despise that which is, in reality, the most precious thing in the world. God has concealed this mystery from the foolish, the ignorant, the wicked, and the scornful, in order that they may not use it for evil purposes.

xxxviii. HAGIENUS: Our Stone is found in all mountains, all trees, all herbs, and animals, and with all men. It wears many different colours, contains the four elements, and has been designated a microcosm. Can you not see, you ignorant seekers after the Stone, who try, and vainly try, such a multiplicity of substances and methods, that our Stone is one earth, and one sulphur, and that it grows in abundance before your very eyes? I will tell you where you may find it. The first spot is on the summit of two mountains; the second, in all mountains; the third, among the refuse in the street; the fourth, in the trees and metals, the liquid of which is the Sun and Moon, Mercury, Saturn, and Jupiter. There is but one vessel, one method, and one consummation.

xxxix. MORIENUS: Know that our Matter is not in greater agreement with human nature than with anything else, for it is developed by putrefaction and transmutation. If it were not decomposed, nothing could be generated out of it. The goal of our Art is not reached until Sun and Moon are conjoined, and become, as it were, one body.

xl. THE EMERALD TABLE: It is true, without any error, and it is the sum of truth; that which is above is also that which is below, for the performance of the wonders of a certain one thing, and as all things arise from one Stone, so also they were generated from one common Substance, which includes the four elements created by God. And among other miracles the said Stone is born of the First Matter. The Sun is its Father, the Moon its Mother, the wind bears it in its womb, and it is nursed by the earth. Itself is the Father of the whole earth, and the whole potency thereof. If it be transmuted into earth, then the earth separates from the fire that which is most subtle from that which is hard, operating gently and with great artifice. Then the Stone ascends from earth to heaven, and again descends from heaven to earth, and receives the choicest influences of both heaven and earth. If you can perform this you have the glory of the world, and are able to put to flight all diseases, and to transmute all metals. It overcomes Mercury, which is subtle, and penetrates all hard and solid bodies. Hence it is compared with the world. Hence I am called Hermes, having the three parts of the whole world of philosophy.

xli. LEPRINUS says: The Stone must be extracted from a two-fold substance, before you can obtain the Elixir which is fixed in one essence, and derived from the one indispensable Matter, which God has created, and without which no one can attain the Art. Both these parts must be purified before they are joined together afresh. The body must become different, and so must the volatile spirit. Then you have the Medicine, which restores health, and imparts perfection to all things. The fixed and the volatile principle must be joined in an inseparable union, which defies even the destructive force of fire.

xlii. LAMECH: In the Stone of the Philosophers are the first elements, and the final colours of minerals, or Soul, Spirit, and Body, joined unto one. The Stone which contains all these things is called Zibeth, and the working of Nature has left it imperfect.

xliii. SOCRATES: Our Mystery is the life of all things, or the water. For water dissolves the body into spirit, and summons the living spirit from among the dead. My son, despise not my Practical Injunction. For it gives you, in a brief form, everything that you really need.

xliv. ALEXANDER: The good need not remain concealed on account of the bad men that might abuse it. For God rules over all, according to His Divine Will. Observe, therefore, that the salt of the Stone is derived from mercury, and is that Matter, most excellent of all things, of which we are in search. The same also contains in itself all secrets. Mercury is our Stone, which is composed of the dry and the moist elements, which have been joined together by gentle heat in an inseparable union.

xlvi. SENIOR teaches us to make the Salt out of ashes, and then, by various processes, to change it into the Mercury of the Sages, because our Magistry is dependent on our water alone, and needs nothing else.

xlvi. ROSARIUS: It is a stone, and not a stone, *viz.*, the eagle --- stone. The substance has in its womb a stone, and when it is dissolved, the water that was coagulated in it bursts forth. Thus the Stone is the extracted spirit of our indestructible body. It contains mercury, or liquid water, in its body, or fixed earth, which retains its nature. This explanation is sufficiently plain.

xlvii. PAMPHILUS: The Salt of the Gem is that which is in its own bowels; it ascends with the water to the top of the alembic, and, after separation, is once more united and made one body with it by means of natural warmth. Or we may, with King Alexander, liken the union to that of a soul with its body.

xlviii. DEMOCRITUS: Our Substance is the conjunction of the dry and the moist elements, which are separated by a vapour or heat, and then transmuted into a liquid like water, in which our Stone is found. For the vapour unites to the most subtle earth the most subtle air, and contains all the most subtle elements. This first substance may be separated into water and earth, the latter being perceptible to the eye. The earth of the vapour is volatile when it ascends, but it is found fixed when the separation takes place, and when the elements are joined together again it becomes fixed mercury. For the enjoyment of this, His precious gift, we Sages ceaselessly praise and bless God's Holy Name.

xlix. SIROS: The body of the Sages, being calcined, is called everlasting water, which permanently coagulates our Mercury. And if the Body has been purified and dissolved, the union is so close as to resist all efforts at separation.

l. NOAH, the man of God, writes thus in his Table: My children and brethren, know that no other stone is found in the world that has more virtue than this Stone. No mortal man can find the true Art without this Stone. Blessed be the God of Heaven who has created this property in the Salt, even in the Salt of the Gem!

li. MENALDES: The fire of the Sages may be extracted from all natural things, and is called the quintessence. It is of earth, water, air, and fire. It has no cause of corruption or other contrary quality.

lii. HERMES, in his second Table, writes thus: Dissolve the ashes in the second element, and coagulate this substance into a Stone. Let this be done seven times. For as Naaman the Syrian was purged of his leprosy by washing himself seven times in Jordan, so our substance must undergo a seven-fold cleansing, by calcining and dissolving, and exhibiting a variety of ever deepening colours. In our water are hidden the four elements, and this earth, which swallows its water, is the dragon that swallows its tail, *i.e.*, its strength.

liii. NUNDINUS: The fire which includes all our chemical processes, is three-fold: the fiery element of the air, of water and of the earth. This is all that our Magistry requires.

liv. ANANIAS: Know, ye Scrutators of Nature, that fire is the soul of everything, and that God Himself is fire and soul. And the body cannot live without fire. For without fire the other elements have no efficacy. It is, therefore, a most holy, awful, and divine fire which abides with God Himself in the Most Holy Trinity, for which also we give eternal thanks to God.

lv. BONIDUS: In the fountain of Nature our Substance is found, and nowhere else upon earth; and our Stone is fire, and has been generated in fire, without, however, being consumed by fire.

lvi. ROSINUS: TWO things are hidden in two things, and indicate our Stone: in earth is fire, and air in water, yet there are only two outward things, *viz.*, earth and water. For Mercury is our Stone, consisting as it does both of moist and dry elements. Mercury is dry and moist in its very nature, and all things have their growth from the dry and moist elements.

lvii. GEBER: We cannot find anything permanent, or fixed, in fire, but only a viscous natural moisture which is the root of all metals. For our venerable Stone nothing is required but mercurial substances, if they have been well purified by our Art, and are able to resist the fierce heat of fire. This Substance penetrates to the very roots of metals, overcomes their imperfect nature, and transmutes them, according to the virtue of the Elixir, or Medicine.

lviii. AROS: Our Medicine consists of two things, and one essence. There is one Mercury, of a fixed and a volatile substance, composed of body and spirit, cold and moist, warm and dry.

lix. ARNOLDUS: Let your only care be to regulate the coction of the Mercurial substance. In proportion as it is itself dignified shall it dignify bodies.

lx. ALPHIDIUS: Transmute the nature, and you will find what you want. For in our Magistry we obtain first from the gross the subtle, or the spirit; then from the moist the dry, *i.e.*, earth from water. Thus we transmute the corporeal into the spiritual, and the spiritual into the corporeal, the lowest into the highest, and the highest into the lowest

lxi. BERNARDUS: The middle substance is nothing but coagulated mercury; and the first Matter is nothing but twofold mercury. For our Medicine is composed of two things, the fixed and the volatile, the corporeal and the spiritual, the cold and the warm, the moist and the dry. Mercury must be subjected to coction in a vessel with three divisions, that the dryness of the active fire may be changed into vaporous moisture of the oil that surrounds the substance. Ordinary fire does not digest our substance, but its heat converted into dryness is the true fire.

lxii. STEPHANUS: Metals are earthly bodies, and are generated in water. The water extracts a vapour from the Stone, and out of the moisture of [the] earth, by the operation of the Sun, God lets gold grow and accumulate. Thus earth and water are united into a metallic body.

lxiii. GUIDO BONATUS writes briefly concerning the quintessence, as being purer than all elements. The quintessence contains the four elements, that is, the first Matter, out of which God has created, and still creates, all things. It is Hyle, containing in a confused mixture the properties of every creature.

lxiv. ALRIDOS: The virtue and efficacy of everything is to be found in its quintessence, whether its nature be warm, cold, moist, or dry. This quintessence gives out the sweetest fragrance that can be imagined. Therefore the highest perfection is needed.

lxv. LONGINUS I describes the process in the following terms: Let your vessel be tightly closed and exposed to an even warmth. This water is prepared in dry ashes, and is subjected to coction till the two become one. When one is joined to the other, the body is brought back to its spirit. Then the fire must be strengthened till the fixed body retains that which is not fixed by its own heat. With this you can tinge ten thousand times ten thousand of other substances.

lxvi. HERMES, in his Mysteries, says: Know that our Stone is lightly esteemed by the thankless multitude; but it is very precious to the Sages. If princes knew how much gold can be made out of a particle of Sun, and of our Stone, they would never suffer it to be taken out of their dominions.

"The Sages rejoice when the bodies are dissolved; for our stone is prepared with two waters. It drives away all sickness from the diseased body, whether it be human or metallic."

By means of our Art, we do in one month what Nature cannot accomplish in a thousand years: for ore purify the parts, and then join them together in an inseparable and indissoluble union .

lxvii. NERO: Know that our Mercury is dry and moist, and conjoined with the Sun and Moon. Sun and Moon in nature are cold and moist mercury and hot and dry sulphur, and both have their natural

propagation by being joined in one thing.

**Here follows a True Explanation of some of the Foregoing Philosophical Dicta
the Meaning, word for word and point for point, being clearly set forth.**

I now propose to say something about the meaning of the obscure and allegorical expressions used by some of the Sages whom I have quoted. Be sure that they all were true Sages, and really possessed our Stone. It may have been possessed by more persons since the time of Adam, but the above list includes all of whom I have heard. I need not here review all their sayings; for the words of the least of them are sufficient for imparting to you a knowledge of this Art; and my ambition goes no higher than that. If I have enumerated so large a number of authorities, I have only done so in order that you might the better understand both the theory and practice of this Art, and that you might be saved all unnecessary expense. For this reason I have declared this true philosophy with all the skill that God has given me. I hope the initiated will overlook any verbal inaccuracy into which I have fallen, and that they will be induced by my example to abstain from wilfully misleading anxious enquirers. I may have fallen into some errors of detail, but as to the gist of my work, I know what I have written, And that it is God's own truth.

Explanation of the Saying of Adam

When God had created our first parent Adam, and set him in Paradise, He shewed him two things, namely, earth and water. Earth is fixed and indestructible, water is volatile and vaporous. These two contain the elements of all created things: water contains air, and earth fire --- and of these four things the whole of creation is composed. In earth are enclosed fire, stones, minerals, salt, mercury, and all manner of metals; in water, and in air, all manner of living and organic substances, such as beasts, birds, fishes, flesh, blood, bones, wood, trees, flowers, and leaves. To all these things God imparted their efficacy and virtue, and subjected them to the mastery and use of Adam. Hence you may see how all these things are adapted to the human body, and are such as to meet the requirements of his nature. He may incorporate the virtue of outward substances by assimilating them in the form of food. In the same way, his mind is suitably constructed for the purpose of gaining a rational knowledge of the physical world. That this is the case, you may see from the first chapter of Genesis.

On the sixth day of the first year of the world, that is to say, on the 15th day of March, God created the first man, Adam, of red earth, in a field near Damascus, with a beautiful body, and after His own image. When Adam was created, he stood naked before the Lord, and with outstretched hands rendered thanks to Him, saying: O Lord, Thy hands have shaped me: now remember, I pray Thee, the work of Thy hands, which Thou hast clothed with flesh, and strengthened with bones, and grant me life and loving kindness.

So the Lord endowed Adam with great wisdom, and such marvellous insight that he immediately, without the help of any teacher --- simply by virtue of his original righteousness --- had a perfect knowledge of the seven liberal arts, and of all animals, plants, stones, metals and minerals. Nay, what is more, he had perfect understanding of the Holy Trinity, and of the coming of Christ in the flesh. Moreover, Adam was the Lord, King, and Ruler of all other creatures which, at the Divine bidding, were brought to him by the angel to receive their names. Thus all creatures acknowledged Adam as their Lord, seeing that it was he to whom the properties and virtues of all things were to be made known. Now the wisdom, and knowledge of all things, which Adam had received, enabled him to observe the properties, the origin, and the end of all things. He noted the division and destruction, the birth and decay of physical substances. He saw that they derive their origin from the dry and the moist elements, and that they are again transmuted into the dry and the moist. Of all these things Adam took notice, and especially of that which is called the first Matter. For he who knows how all things are transmuted into their first Matter, has no need to ask any questions. It was that which existed in the beginning before God created heaven and earth; and out of it may be made

one new thing which did not exist before, a new earth, fire, water, air, Sun, Moon, Stars, in short, a new world.

As in the beginning all things were created new, so there is a kind of new creation out of the first substance in our Art. Now although God warned Adam generally not to reveal this first substance --- viz., the moist and the dry elements --- yet He permitted him to impart the knowledge to his son Seth. Abel discovered the Art for himself, by the wisdom which God had given him, and inscribed an account of it on beechen tablets. He was also the first to discover the art of writing; further, he foretold the destruction of the world by the Flood, and wrote all these things on wooden tablets, and hid them in a pillar of stone, which was found, long afterwards, by the children of Israel. Thus you see that our Art was a secret from the beginning, and a secret it will remain to the end of the world. For this reason it is necessary carefully to consider all that is said about it, and especially the words of the Lord to Adam: for they exhibit in a succinct form the secret of the whole Art.

Explanation of the Saying of Abel

This saying partly explains itself, and is partly explained by what we said about God's words to Adam. Yet I will add a few remarks concerning it. Man hath within him the virtue and efficiency of all things, whence he is called a small world, and is compared to the large world, because the bones which are beneath his skin, and support his body, may be likened to the mountains and stones, his flesh to the earth, his veins to the rivers, and his small veins to the brooks which are discharged into them. The heart is the sea into which the great and small rivers flow, his hair resembles the growing herbs -- and so with all other parts of his body. Again, his inward parts, such as the heart, lungs, and liver, are comparable to the metals. The hairs have their head in the earth (i.e., the flesh) and their roots in the air, as the Sages say, that the root of their minerals is in the air, and their head in the earth. That which ascends by distillation is volatile, and is in the air; that which remains at the bottom, and is fixed, is the head, which is in the earth. Therefore, the one must always exist in conjunction with the other if it is to be effectual. Hence man may be compared to an inverted tree: for he has his roots, or his hair, in the air, while other trees have their hairs. or their roots, in the earth.

And of our Stone, too, the Sages have justly said that it has its head in the earth, and its root in the air. This similitude has a two-fold interpretation. First, with regard to the place in which our Matter is found; secondly, with regard to the dissolution and second conjunction of the Stone. For when our Stone rises upward in the alembic, it has its root in the air; but if it would regain its virtue and strength, it must once more return to its earth, and then it has its head and perfect potency in the earth. Hence our Stone, too, is not inaptly denominated a small world; it is called the mountain of mountains, from which our ore is derived, since it is evolved from the first substance in a way analogous to that in which the great world was created. Know that if you bury anything in [the] earth, and it rots, as food is digested in the human body, and the gross is separated from the subtle, and that which is fetid from that which is pure, then that which is pure is the first Matter which has been set free by decay. If you understand this, you know the true Art. But keep it to yourself, and cast not pearls before swine; for the vulgar regard our Art with ignorant contempt.

Explanation of the Saying of Seth, Son of Adam

By "acid which is to be subjected to coction, and transmuted into ashes", the Sage Seth means distilled water, which we call seed. If this, by diligent coction, is condensed into a body --- which he calls ashes --- the body loses its blackness by being washed till it becomes white; for, by constant coction, all blackness and gross impurity are removed. If it were not for this earth, the spirit would never be coagulated; for it would have no body into which it could enter --- seeing that it cannot be coagulated and fixed anywhere but in its own body. On the other hand, the spirit purifies its body, as Seth says, and makes it white. He says further: "If you diligently heat it, and free it from its blackness, it is changed into a Stone, which is called the white coin of the Stone". That is to say, if it is slowly heated with a gentle fire, it is by degrees changed into a body which resists fire, and is

named a Stone. It is fixed, and it has a brilliantly white appearance. A coin it is called, because, as he who has a coin may purchase with it bread or whatever else he needs, so he who has this Stone may purchase for himself health, wisdom, longevity, gold, silver, gems, etc. Hence it is justly called the Coin, since it can buy what all the riches in the world cannot procure. It is struck By the Sages, who, instead of the image of a prince, impress upon it their own image. Therefore it is denominated the COIN of the SAGES, because it is their own money, struck in their own mint

Again, when the Sage says, "Heat the Stone till it breaks, and dissolve it in the well-tempered water of the Moon", he means that the Stone must be heated by that which is in itself, until it is changed into water, or dissolved. All this is done by its own agency; for the body is called Moon, when it has been changed into water; and the extracted spirit, or distilled water, is called Sun. For the element of air is concealed in it; but the body must be broken in its own water, or dissolved by itself. The "well-tempered water of the Moon" is the gentle inward heat which changes it into water, and yields two waters, viz., the distilled spirit, and the dissolved body. These two waters are again united by slow and gentle coction, the distilled spirit becoming coagulated into a body, the dissolved body becoming a spirit. The fixed becomes volatile, and the volatile fixed, by dissolution and coagulation, and both assume, first a white, and then a red colour. The change to white and red is produced by the same water, and the white is always followed by the red, just as the black is followed by the white. When the Sage says, in conclusion, "that the whole can be accomplished only with the best acid, through the power of God alone," he means that the one thing from which alone our Stone can be procured may be compared to the sharpest acid and that, by means of our Art, this acid is changed into the best of earthly things, which all the treasures of all kings and princes are not sufficient to buy.

Explanation of the Saying of Isindrus

Good Heavens! How skilfully the Sages have contrived to conceal this matter. It would surely have been far better if they had abstained from writing altogether. For the extreme obscurity of their style has overwhelmed thousands in ruin, and plunged them into the deepest poverty, especially those who set about this task without even the slightest knowledge of Nature, or of the requirements of our Art. What the Sages write is strictly true; but you cannot understand it unless you are already initiated in the secrets of this Art. Yea, even if you were a Doctor of the Doctors, and a Light of the World, you would be able to see no meaning in their words without this knowledge. They have written, but you are none the wiser. They half wished to communicate the secret to their posterity; but a jealous feeling prevented them from doing so in plain language. To the uninitiated reader these words of Isindrus must appear nothing short of nonsense: "Great is the air, because the air corrects the thing, if it is thin or thick, hot or cold." But the Sage means that when it ascends with the water, it is hot air, for fire and air bear our Stone like secret fire concealed therein, and the water which ascends from the earth, by that ascension becomes air, and thin; and when it descends, it descends into water which contains fire; thus the earth is purified, seeing that the water takes [the] fire with it into the earth. For the fire is the Soul, and the Moon the Spirit. Therefore, the air is great, because it bears with it water and fire, and imparts them to all things, though thereby (by this loss of water) itself becomes cold. Then the air becomes thick, when with its fire it is transmuted into the body, and thus the air corrects the thing by its thickness. For it bears out our Stone as it carries it in, and purifies it both in its ascent and in its descent. In the same way air purifies all things that grow (*i.e.*, plants), gives them their food (*i.e.*, water), and imparts to them its fire, by which they are sustained. Of this you may convince yourself by ocular demonstration. For the air bears the clouds, and sheds them upon earth in the form of rain; which rain contains secret fire derived from the earth, and the rays of the Sun by which it was drawn upward --- and this fire it gives to all things as food. And although the rays of the Sun and Moon are immeasurably subtle, swift, and intangible; yet the rays of our Sun and Moon are much swifter and more subtle than those which are received by the plants in their growth. For the earth digests the rays of the Sun and Moon, and they sustain in the most wonderful manner things of vegetable growth; and all the living rays of the Sun and Moon nourish

all created things. For by this digestion they obtain their life. For this reason the air may be called great, because through the grace of God it accomplishes great things.

Again, when the Sage says, "If the air becomes thick", *i.e.*, when the Sun turns aside, or is changed, "there is a thickness, till it rises," he means that if the distilled water which is taken for the Sun, or fire, approaches its body, and is changed into it, then the Sun stoops down to the earth. Thereby the air becomes thick, being joined to the earth, and if the Sun is once more elevated the air becomes thin; that is to say, when the water is extracted from the earth by means of the alembic, the fire rises upward, *i.e.*, the Sun is exalted, and the air becomes thin. Again, when he says, "This also is hot and cold, and thickness, and thinness, or softness", the Sage means that the Sun is hot, and the Moon cold; for the earth, when dissolved, is the Moon, and water, in which is fire, is the Sun: these two must be conjoined in an inseparable union. This union enables them to reduce the elements of all metallic and animal bodies, into which they are injected, to perfect purity and health. When the Sage adds that thickness and thinness denote summer and winter, he means that our Art is mingled of thickness and thinness, or two elements which must be united by gentle warmth, like that of winter and summer combined. This temperate warmth, which resembles that of a bath, brings the Sun and Moon together. Thus I have, by the grace of God, interpreted to you the parabolic saying of Isindrus.

Explanation of the Saying of Anaxagoras

From the beginning of all things God is. He is likened to light and fire, and He may be likened to the latter in His essence, because fire is the first principle of all things that are seen and grow. In the same way, the first principle of our Art is fire. Heat impels Nature to work, and in its working are manifested Body, Spirit, and Soul; that is, earth and water. Earth is the Body, oil the Soul, and water the Spirit; and all this is accomplished through the Divine goodness and lenity, without which Nature can do nothing; or, as the Sage says: "God's lenity rules all things; and beneath the thickness of the earth, after creation, are revealed lenity and integrity". That is to say: If the earth is separated from the water, and itself dissolved into oil and water, the oil is integrity, and the water lenity; for the water imparts the soul to the oil and to the body, and [the body] receives nothing but what is imparted to it by heaven, that is, by the water --- and the water is revealed under the oil, the oil under the earth. For the fire is subtle, and floats upward from the earth with subtle waters, and is concealed in the earth. Now oil and air and earth are purified by their own spirit. Therefore the oil is integrity in the body, and the spirit lenity. And the spirit in the first operation descends to the body and restores life to the body; although the oil is pure and remains with the body, yet it cannot succour the body without the help of the spirit; for the body suffers violence and anguish while it is dissolved and purified. Then, again, the "thickness of the earth" is transmuted into a thin substance such as water or oil, and thus the "lenity" is seen in the body. For the body is so mild or soft as to be changed into water, or oil, although before it was quite dry. Therefore oil is seen in the earth, which is the fatness or life of the water, *i.e.*, an union of fire, air, and water. Now give the water to the body to drink, and it will be restored to life. And though those three elements have ascended from the earth, yet the virtue remains with the body, as you may see by dissolving it into oil and water. But the oil cannot operate without the spirit, nor can the spirit bear fruit without the oil and the body. Therefore they must be united; and all "lenity" and "integrity" are seen in the body when it is transmuted to white and red.

Explication of the Opinion of Pythagoras

This Sage asks what that is which is touched, and yet not seen. He means that the substance which is prepared by our Art is one thing, which is tangible and invisible. That is to say, it is felt, but not seen, nor is the mode of its operation known. He who knows it, but knows not its operation, as yet knows nothing as he ought. This one thing, which alone is profitable for the purposes of our Art, proceeds from a certain dark place, where it is not seen, nor are its operation or its virtue known to any but the initiated. A great mystery is also concealed in the Matter itself, namely, air and fire, or the Sun, the Moon, and the Stars. This is concealed in it, and yet is invisible, as the Sage says: What is not seen, or known, is only heaven. That which is felt, and not seen, is earth. Earth, says the Sage,

is thickness, or body, which is found at the bottom of the Matter, has accumulated in the Matter, and can be felt and known. By the words, "that is between heaven and earth, which is not known", (*i.e.*, in the world), the Sage means that the Matter of our Stone is found in the small world; not in rocks and mountains, or in the earth, but between heaven and earth, *i.e.*, in the air. Again, when he says that "in it are senses, and entirety, as smell, taste, hearing, touch," he would teach us that in human nature there is entirety of mind and perception; for man can know, feel, and understand. He would also teach us how our Stone is to be found, namely, by sight, hearing, smell, taste, and touch. By sight, because the Matter of the Stone is thick, or thin and clear, and turns black, white, and red. By smell, because, when its impurity is purged away, it emits a most sweet fragrance. By taste, because it is first bitter and disagreeable, but afterwards becomes most pleasant. By touch, because that sense enables us to distinguish between the hard and the soft, the gross and the subtle, between water and earth, and between the different stages of distillation, putrefaction, dissolution, coagulation, fermentation, and injection, which the substance goes through. The different processes of the task are perceived with the senses, and it should be accomplished within forty-six days.

Loosening of the Knot of Aristeus

"Take the body which I have shewn you, and beat it into thin leaves", *i.e.*, take the earth which cleaves to our substance, and, by having become dry, becomes visible and knowable; for now it is water and earth. The earth is thus *shewn* and divided into two parts, earth and water. Let that earth be taken, placed in a phial, and put in a warm bath, by the warmth of which it is dissolved, through its own internal coction, into water; this the Sage calls beating into thin leaves. The body which is thus obtained is variously described as the Philosopher's Stone, or the Stone of leaves. "Add some of our salt water, and this is the water of life". That means: After its dissolution into water, it must receive our salt water to drink, for this water has been previously distilled from it, and is the water of life; for the soul and spirit of the body are hidden in it, and it is called our sea water; the same also is its natural name, because it is obtained from the invisible hidden sea of the Sages, the sea of the smaller world. For our Art is called the smaller world, and thus it is the water of our sea. If this water is added to the body, and heated and purified with it, the body is purged by long coction, and its colour changes from black to a brilliant white, while the water is coagulated, and forms, by indissoluble union with the body, the imperishable Philosopher's Stone, which you must use to the glory of God, and the good of your neighbour.

Exposition of the Sayings of Parmenides

Jealous Sages have named many waters and metals and stones, simply for the purpose of deceiving you; herein the philosophers would warn us that they have used secrecy, lest the whole mystery should be manifested before all the world. Those who follow the letter of their directions are sure to be led astray, and to miss entirely the true foundation of our Art. The fault, however, lies not with the Sages so much as with the ignorance of their readers. The Sages name it a stone; and so it is a stone, which is dug up from our mine. They speak of metals, and there are such things as metals liquefied from our ore. They speak of water; but our water we obtain from our own spring. The red and white sulphur they refer to are obtained from our air. Their salt is obtained from our salt mines. It is our Sun, our verdigris, halonitre, alkali, orpiment, arsenic, our poison, our medicine, etc. By whatever name they call it they cannot make it more than one thing. It is rightly described by all the Sages, but not plainly enough for the uninitiated enquirer. For such an one knows neither the substance nor its operation. The Sage says: "Relinquish Sun, Moon, and Venus for our ore," *i.e.*, it is not to be found in any earthly metals, but only in our ore. Whoever rightly understands the concluding words of the Sage has received a great blessing at the hand of God.

Explanation of the Saying of Lucas

By the living water of the Moon this Sage means our water, which is twofold. The distilled water is the Moon; the Sun, or fire, is hidden in it, and is the Father of all things. Hence it is compared to a man, because the Sun is in the water. It is also called living water; for the life of the dead body is

hidden in the water. It is the water of the Moon, because the Sun is the Father and the Moon the Mother. Hence, also, they are regarded as husband and wife. The Body is the Moon, or Mother, and the distilled water, or male principle, rises upward from the earth; and for that reason is sometimes called Moon. For it is the water of the Moon, or Body. It has left the Body, and must enter it again before our Art can be perfected. Hence the Body, or Moon, has well been designated the female principle, and the water, or Sun, the male principle, for reasons which have been set forth at length in this book.

Again, when the Sage says, "Coagulate it after our fashion," those last three words mean that the body must receive its spirit to drink gradually, and little by little, until it recovers its life, and health, and strength, which takes place by means of the same gentle heat which digests food in the stomach, and matures fruit in its place. For it is our custom to eat, drink, and live in gentle warmth. By this regimen our body is preserved, and all that is foul and unprofitable is driven out from our body. According to the same fashion of gentle coction, all that is fetid and black is gradually purged out of our Stone. For when the Sage says "after our fashion", he wishes to teach you that the preparation of the Stone bears a strict analogy to the processes of the human body. That the chemical development of our substance is internal, and caused by the operation of Nature and of its four elements, the Sage indicates by the words, "Everything is already coagulated." The substance contains all that is needed; there is nothing to be added or taken away, seeing that it is dissolved and again conjoined by its own inherent properties. When the Sage continues, "I bid you take water of life, which descends from the Moon, and pour it upon our earth till it turns white", he means that if water and earth are separated from each other, then the dry body is our earth, and the extracted water is the water of the Moon, or water of life. This process of adfusion, desiccation, attrition, coagulation, etc., is repeated till the body turns white; and then takes place on conglutination, which is indissoluble. "Then," as the Sage says, "we have our Magnesia, and the Nature of natures rejoices." Its spirit and body become one thing: they were one thing, and after separation have once more become one thing; therefore, one nature rejoices in the restoration of the other.

Exposition of the Saying of Ethelius

He says: "Heat our Stone until it shines like dazzling marble; then it becomes great, and a mystic Stone; for sulphur added to sulphur preserves it on account of its fitness". That is to say: When the moist and the dry have been separated, the dry which lies at the bottom, and is called our Stone, is as black as a raven. It must be subjected to the coction of our water (separated from it), until it loses its blackness, and becomes as white as dazzling marble. Then it is the mystic Stone which by coction has been transmuted into fixed mercury with the blessing of God. The Stone is mystic, or secret, because it is found in a secret place, in an universally despised substance where no one looks for the greatest treasure of the world. Hence it may well be called The HIDDEN STONE. By the joining of two sulphurs and their mutual preservation, he means that though, after the separation of spirit and body, there seem to be two substances, yet, in reality, there is only one substance; so the body which is below is "sulphur," and the spirit which is above is also "sulphur." Now, when the spirit returns to the body, one sulphur is added to another; and they are bound together by a mutual fitness, since the body cannot be without the spirit, nor the spirit without the body. Hence there are these two sulphurs in the body, the red and the white, and the white sulphur is in the black body, while the red is hid beneath it. If the spirit is gradually added to the body, it is entirely coagulated into the body, sulphur is added to sulphur, and perfection is attained through the fitness which exists between them. The body receives nothing but its own spirit; for it has retained its soul, and what has been extracted from a body can be joined to nothing but that same body. The spirit delights in nothing so much as in its own soul, and its own body. Hence the Sage says: "When the spirit has been restored to the body, the sulphur to the sulphur, and the water to the earth, and all has become white, then the body retains the spirit, and there can be no further separation". Thus you have the well purged earth of the Sages, in which we sow our grain, unto infinity, that it may bring forth much fruit.

Explanation of the Saying of Pythagoras

You have good cause to wonder at the great variety of ways in which the Sages have expressed the same thing. Nevertheless, their descriptions apply only to one Matter, and their sayings refer only to a single substance. For when our Sage says, "We give you directions concerning these things: We tell you that it is dry water, like the water of the Moon, which you have prepared", he means that we Sages must give directions, according to the best of our ability. If those directions, rightly understood, do not answer the purpose, you may justly charge us with fraud and imposture. But if you fail through not taking our meaning, you must blame your own unspeakable stupidity, which follows the letter, but not the spirit of our directions. When the Sage further says that it must drink its own water, he would teach you that after the separation of the dry from the moist, the water extracted from the body is the right water, and the water of the Moon, prepared by putrefaction and distillation. This extracted water is regarded as the male principle, and the earth, or body, as the female principle. The water of the husband must now be joined in conjugal union to that of the wife; the body must, at intervals, drink of its own prepared water, and become ever purer, the more it drinks, till it turns most wonderfully white. Then it is called "our calx," and you must pour the water of our calx upon the body, until it is coagulated, becoming tinged, and a most bright quality returns to it, and the body itself is saturated with its own moisture. If you wish to obtain the red tincture, you should dissolve and coagulate, and go through the whole process over again. Verily, this is God's own truth, an accurate, simple, and plain statement of the requirements of our Art.

Explanation of the Emerald Table of Hermes

Hermes is right in saying that our Art is true, and has been rightly handed down by the Sages; all doubts concerning it have arisen through false interpretation of the mystic language of the philosophers. But, since they are loth to confess their own ignorance, their readers prefer to say that the words of the Sages are imposture and falsehood. The fault really lies with the ignorant reader, who does not understand the style of the Philosophers. If, in the interpretation of our books, they would suffer themselves to be guided by the teaching of Nature, rather than by their own foolish notions, they would not miss the mark so hopelessly. By the words which follow: "That which is above is also that which is below," he describes the Matter of our Art, which, though *one*, is divided into two things, the volatile water which rises upward, and the earth which lies at the bottom, and becomes fixed. But when the reunion takes place, the body becomes spirit, and the spirit becomes body, the earth is changed into water and becomes volatile, the water is transmuted into body, and becomes fixed. When bodies become spirits, and spirits bodies, your work is finished, for then that which rises upward and that which descends downward become one body. Therefore the Sage says that that which is above is that which is below, meaning that, after having been separated into two substances (from being one substance), they are again joined together into one substance, *i.e.*, an union which can never be dissolved, and possesses such virtue and efficacy that it can do in one moment what the Sun cannot accomplish in a thousand years. And this miracle is wrought by a thing which is despised and rejected by the multitude. Again, the Sage tells us that all things were created, and are still generated, from one first substance and consist of the same elementary material; and in this first substance God has appointed the four elements, which represent a common material into which it might perhaps be possible to resolve all things. Its development is brought about by the distillation of the Sun and Moon. For it is operated upon by the natural heat of the Sun Moon, which stirs up its internal action, and multiplies each thing after its kind, imparting to the substance a specific form. The soul, or nutritive principle, is the earth which receives the rays of the Sun and Moon, and therewith feeds her children as with mother's milk. Thus the Sun is the father, the Moon is the mother, the earth the nurse --- and in this substance is that which we require. He who can take it and prepare it is truly to be envied. It is separated by the Sun and Moon in the form of a vapour, and collected in the place where it is found. When Hermes adds that "the air bears it in its womb, the earth is its nurse, the whole world its Father," he means that when the substance of our Stone is dissolved, then the wind bears it in its womb, *i.e.*, the air bears up the substance in the form of water, in which is hid fire, the soul of the Stone, and fire is the Father of the whole world. Thus, the volatile substance rises upward, while that which remains at the bottom, is the "whole world" (seeing that our Art is compared to a "small world "). Hence Hermes calls fire the father of the

whole world, because it is the Sun of our Art, and air, Moon, and water ascend from it; the earth is the nurse of the Stone, *i.e.*, when the earth receives the rays of the Sun and Moon, a new body is born, like a new foetus in the mother's womb. The earth receives and digests the light of Sun and Moon, and imparts food to its foetus day by day, till it becomes great and strong, and puts off its blackness and defilement, and is changed to a different colour. This, "child," which is called "our daughter," represents our Stone, which is born anew of the Sun and Moon, as you may easily see, when the spirit, or the water that ascended, is gradually transmuted into the body, and the body is born anew, and grows and increases in size like the foetus in the mother's womb. Thus the Stone is generated from the first substance, which contains the four elements; it is brought forth by two things, the body and the spirit; the wind bears it in its womb, for it carries the Stone upward from earth to heaven, and down again from heaven to earth. Thus the Stone receives increase from above and from below, and is born a second time, just as every other foetus is generated in the maternal womb; as all created things bring forth their young, even so does the air, or wind, bring forth our Stone. When Hermes adds, "Its power, or virtue, is entire, when it is transmuted into earth," he means that when the spirit is transmuted into the body, it receives its full strength and virtue. For as yet the spirit is volatile, and not fixed, or permanent. If it is to be fixed, we must proceed as the baker does in baking bread. We must impart only a little of the spirit to the body at a time, just as the baker only puts a little leaven to his meal, and with it leavens the whole lump. The spirit, which is our leaven, in like fashion transmutes the whole body into its own substance. Therefore the body must be leavened again and again, until the whole lump is thoroughly pervaded with the power of the leaven. In our Art the body leavens the spirit, and transmutes it into one body, and the spirit leavens the body, and transmutes it into one spirit. And the two, when they have become one, receive power to leaven all things, into which they are injected, with their own virtue.

The Sage continues: "If you gently separate the earth from the water, the subtle from the hard, the Stone ascends from earth to heaven, and again descends from heaven to earth, and receives its virtue from above and from below. By this process you obtain the glory and brightness of the whole world. With it you can put to flight poverty, disease, and weariness; for it overcomes the subtle mercury, and penetrates all hard and firm bodies". He means that all who would accomplish this task must separate the moist from the dry, the water from the earth. The water, or fire, being subtle, ascends, while the body is hard, and remains where it is. The separation must be accomplished by gentle heat, *i.e.*, in the temperate bath of the Sages, which acts slowly, and is neither too hot nor too cold. Then the Stone ascends to heaven, and again descends from heaven to earth. The spirit and body are first separated, then again joined together by gentle coction, of a temperature resembling that with which a hen hatches her eggs. Such is the preparation of the substance, which is worth the whole world, whence it is also called a "little world". The possession of the Stone will yield you the greatest delight, and unspeakably precious comfort. It will also set forth to you in a typical form the creation of the world. It will enable you to cast out all disease from the human body, to drive away poverty, and to have a good understanding of the secrets of Nature. The Stone has virtue to transmute mercury into gold and silver, and to penetrate all hard and firm bodies, such as precious stones and metals. You cannot ask a better gift of God than this gift, which is greater than all other gifts. Hence Hermes may justly call himself by the proud title of "Hermes Trismegistus, who holds the three parts of the whole world of wisdom".

Another Tract, Corresponding To The First, Which May Be Read With Great Profit

Preface

We may justly wonder that the Sages who have written about this most precious and secret Art, have thought it necessary to invent so many occult and allegorical expressions, by means of which our Art is concealed not only from the unworthy but from earnest and diligent students of the truth. Foolish persons, indeed, who read their books, and hear of the riches and all the other good things

which this Art affords, experience a pleasant tickling sensation in their ears, and straightway behold visions of themselves sitting on golden thrones, and commanding all the treasures of the universe, they fancy that the Art can be learned in the twinkling of an eye, soon come to regard themselves as great Doctors, and are unable to conceive the possibility of their making a mistake, or being led astray by the Sages, much less are they aware that it has always been the custom of the philosophers to conceal the fundamental facts of this Art and to reveal them to their own sons and disciples only in sententious allegorical sayings. It is impossible to read through all that the Sages have ever written on this subject; but it is a still more hopeless undertaking to gather from their books a full and sufficient knowledge of our Art, unless, indeed, God opens your understanding, and gives you a real insight into the natural properties of things, and thereby into the sayings of those who speak of them. For it is Nature alone that accomplishes the various processes of our Art, and a right understanding of Nature will furnish you with eyes wherewith to perceive the secrets thereof. Thus Bason says: "Take care not to add anything else; for it is the property of our substance to overcome all other things". And Bondinus tells us that the whole process is accomplished by means of the water which issues from the Stone. Alphidius declares that the Philosopher's Stone contains four different natures, and thereby possesses a virtue and efficacy such as are found in no other stone. Therefore, the question of the Royal Sage Haly, whether there is another stone upon earth which may be compared with our Stone, and possesses the same wonderful properties, is answered by Morienus in the following words: "I am aware of no other stone of equal excellence, potency, and virtue, for it contains the four elements in a visible form, and is singular of its kind among all the created things of the world. If, therefore, any person should take any [other] Stone but the one demanded by this Magistery, his labours must result in failure." Moreover, the ancient Sage Arros says: "Our Stone is useless for our purpose, until it be purged of its gross earth." In like manner we are informed by Morienus that unless the body be purged of its grossness, it cannot be united to its spirit; but when it has put off its gross nature, the spirit joins itself to it, and delights in it, because both have been freed from all impurity". The truth of his words is attested by Ascanius in *"The Crowd"*, who says: "Spirits cannot join themselves to impure bodies; but when the body has been well purged, and digested by coction, the spirit becomes united to it, amidst a phenomenal exhibition of all the colours in the world, and the imperfect body is tinged with the indestructible colour of the ferment; this ferment is the soul, in and through which the spirit is joined to the body, and transmuted with the body into the colour of the ferment, whereupon all three become one thing". Hence it is well, though somewhat enigmatically said by the Sages, that there takes place a conjugal union of husband and wife, and that of the two a child is born after their likeness, just as men generate men, metals metals, and all other things that which is like them.

Hence all that would exercise this Art must know the properties of the most noble substance thereof, and follow the guidance of Nature. But many enquirers conduct their operations at haphazard, they grope in the dark, and do not know whether their art be an imitation of Nature, or not. Yet they undertake to correct, and intensify, the operation of Nature. Of such persons Arnold says that they approach our Art as the ass goes up to the crib, not knowing for what it opens its mouth. For they do not know what they would do, nor are they aware that they must listen to the teaching of Nature. They seek to do the works of Nature, but they will not watch the hand of her whom they pretend to imitate. Yet our Art has a true foundation in natural fact. For Nature prepares the metals in the earth, some perfect, like gold and silver; others imperfect, like Venus, Mars, Saturn, and Jupiter, according to the labour and influence of the planets. He, then, who would accomplish our Magistery, and desires to participate in this most noble Art, must know the seed from which the metals are naturally generated in the earth, which seed we remove by Nature, and purify and prepare it by Art, making it so glorious, and full of wonderful potency, that with it we can impart instant purity and perfection to the imperfect bodies of men and metals. This seed we must extract from perfect, pure, and mature bodies, if we would attain the desired end. Now, in order that you may the more readily attain this knowledge, I have composed the following Tract concerning the first principle of Nature, and the creation and generation of man --- which the student of our Magistery should diligently peruse, consider, and digest. Then he will not so easily miss the right path.

The Fear of the Lord is the Beginning of Wisdom

All true Sages and philosophers have earnestly sought to obtain a knowledge of Almighty God as He is revealed in His marvellous works; this knowledge they attained, in so far as it can be attained by the human mind, by diligently considering the origin and first principles of all things. For they were enabled to realize the omnipotence of the Creator by the contemplation of the secret powers, and miraculous virtues, which He has infused into natural things. They were led to consider how they might employ their knowledge for the good of the human race, and how they might reveal it to others, and they received wisdom to expound the first principles of natural things, but more especially the birth and death of man, in something like the following way: In the beginning God created all things out of a subtle liquid, or impalpable vapour which was neither moist, nor dry, nor cold, nor hot, nor light, nor dark, but a confused chaos. This subtle vapour God first changed into water, which He then separated into a hard and a liquid part, or into earth and water. Out of elementary water He further evolved air, and out of elementary earth He brought forth fire, that is, elementary fire. And it may still be seen that the two first elements contain the two last; for daily experience teaches us that in water there is air, and that in earth there is fire. Out of these God created the firmament, the Sun, the Moon, and the Stars, and all other natural objects. At last He created a being in His own image, which He formed out of moist earth --- *i.e.*, for the most part out of earth (which encloses fire) moistened with water (containing air). Hence it is said that man was created out of the four elements, and he is called a "small world." But man lay like one dead upon the ground, until God breathed into his nostrils the spirit of life, and Adam became a living soul. In like manner God created all other animals, and all plants and minerals, out of the four elements. Then God set Adam in the Garden of Eden, in Paradise, which He had planted with His own hands, and in which flourished all manner of flowers, fruit, roots, herbs, leaves, and grass. Then Adam's heart was filled with joy, and he understood the great power of his Creator, and praised and magnified Him with his lips; at that time he suffered no lack of any thing, having all that his heart desired, and he was appointed lord of all other creatures. Therefore, the eternal Creator bade the holy angels bring every other living being to Adam, that all might acknowledge him as their lord, and that Adam might give to each one its own name, and distinguish one from the other.

Now when God beheld the animals walking about in Paradise, each with its own mate (except Adam, for whom no mate was found); when God saw them approaching him, and yet eager to flee from him, because of the reverence and awe with which he inspired them --- God said: "It is not good for man to be alone"; therefore He caused a deep sleep to fall upon Adam, and taking one of his ribs, not far from his heart, He formed it into a beautiful woman. This woman God brought unto the man, calling her Eve, and gave her to him for a wife, that he might protect her, that she might obey him, and that they might be fruitful and multiply.

The Glory and Excellence of Adam.

God had appointed that Adam and Eve should spend a thousand years in Paradise, and then be translated, body and soul, to the Eternal Life of Heaven; the same glorious destiny was in reserve for their posterity. For as yet man was pure, good, and sinless, and not subject or liable to any kind of distemper or sickness. He was acceptable and perfect in the sight of His Creator, who had made him in His own image, and given him all the produce of Paradise to eat, except the fruit of the Tree of Knowledge, from which he was to abstain on pain of eternal punishment, both bodily and spiritual. But when he gave ear to the seducing words of the Evil One, and ate the forbidden fruit, he straightway became poor and wretched, perceived his own nakedness, and concealed himself amongst the trees of the garden. He had deserved eternal death, and it would have fallen upon him, if the Son of God, our Lord and Saviour Jesus Christ, had not promised to give satisfaction for him. Yet in this world God punished Adam with a heavy yoke of wretchedness, tribulation, poverty, and disease, followed by the bitter agony of death. He also drove him forth from Paradise, and laid a heavy curse upon the ground, that thenceforward it should not bring forth fruit of its own accord, but that it should bear thorns and thistles. Now, when Adam found himself in the midst of a wild and uncultivated earth, compelled to gain his bread by tilling the field in the sweat of his brow, and to

endure much suffering, care, and anxiety, he began to think seriously of what he had done to provoke the wrath of God, to experience deep sorrow for his grievous sin, and to implore God's gracious mercy and forgiveness. His prayers appeased the paternal heart of God, and induced Him to ease the grievous yoke laid upon Adam. The central fact of his punishment, however, remained, and death, though deferred, at length overtook him. But, as I say, God mitigated the punishment of Adam, and took away from his neck the grievous yoke of suffering, by shewing him the means of warding off the strokes of impending calamity. For this purpose the natural properties of things were revealed to Adam by the inspiration of the Holy Spirit; and he was taught to prepare medicines out of herbs, stones, and metals, wherewith he might alleviate his hard lot, ward off disease, and keep his body in good health until the end of his days, which, however, was known to God alone. For, although from the very beginning Adam had a clear insight into the working of the natural world, the greatest of all secrets was still hidden from him, till God one day called him into Paradise, and set forth to him this marvellous mystery --- the mystery of our Stone --- in the following words:

"Behold, Adam, here are two things, the one fixed and immutable, the other volatile and inconstant. The great virtue and potency that slumber in them you must not reveal to all your sons. For I created them for a special purpose, which I will now no longer conceal from you". Now, when Adam had learned the mystery out of God's own mouth, he kept it a strict secret from all his sons, until at length, towards the close of his life, he obtained leave from God to make the preparation of the Stone known to his son Seth. Unless Adam had possessed the knowledge of this great mystery he would not have been able to prolong his life to the age of 300 (let alone 900) years. For he was never for a moment free from an agonizing sense of his guilt, and of the terrible evils which he had, by his disobedience, brought upon himself and his posterity, who, through his fault, were one and all involved in the condemnation of eternal death. If we consider this, it must appear amazing that Adam could keep alive even so long as a single year after his fall; and we thereby clearly perceive (from the fact that he attained to so great a length of days) that the goodness of God must have furnished him with some life-preserving remedy. If Adam had not possessed our Medicine, or Tincture, he could not have borne up under so much tribulation, anxiety, wretchedness, grief, sorrow, and disease. But against all these ills he used our Medicine, which preserved his limbs and his strength from decay, braced his faculties, comforted his heart, refreshed his spirit, relieved his anxiety, fortified his mortal body against all manner of disease, and, in short, guarded him from all evil until the last hour of his life.

At length, however, Adam found that the Remedy had no longer any power to strengthen him, or to prolong his life. So he began to consider his end, refrained from applying the Medicine any more, threw himself upon the mercy of God, and sent his son Seth (to whom he had confided the secret), to the gate of Paradise, to demand some of the fruit of the Tree of Life. His request was denied him, whereupon he returned, and carried back to his father the answer of the Angel. It was heavy news for Adam, who now felt that his end was approaching, and therefore sent Seth a second time to fetch the oil of mercy. Before he could return, Adam died; but, at the bidding of God, Seth obtained from the Angel some olive stones from the Tree of the Oil of Mercy, and planted them on his father's grave, where they grew into the tree from which the Cross of our Blessed Redeemer was made. Thus, though in a carnal sense the Oil was denied to Adam, and brought him no surcease from temporal death; yet, in a spiritual sense, it was freely given to him and obtained for him and all his offspring eternal life, and free, gracious, and merciful forgiveness of all their sins, concerning which God promised that He would remember them no more.

Thus, through the Heavenly Tree of Life, God fulfilled the prayer of our first parent Adam, and granted his request in a way which he had not looked for; and he now tastes the joy which is at the right hand of God, and is for ever removed from the hostile power of hunger, thirst, heat, cold, death, and all the other evils which flesh is heir to. Let us then diligently strive to realize that the Mystery of the Redemption is the most precious, the most excellent, and the most awful of the mysteries revealed by God to man, a mystery which no human thought can sound, and which no human lips can ever fully utter. But of this Awful Mystery, or Medicine of the Soul, God has also

bestowed upon us an earthly antitype, or Medicine of the Body, by means of which wretched man may, even in this world, secure himself against all bodily distempers, put to flight anxiety and care, and refresh and comfort his heart in the hour of trouble --- namely, the Mystery of the Sages, or the Medicine of the Philosophers. If, therefore, a man would be perfectly happy in this world, and in the world to come, he should earnestly and devoutly strive to become possessed of these two Remedies; and for this purpose, he should turn to God with his whole heart, and ask for His gracious help, without which neither can be obtained; and, above all, he should be most eager to receive that Remedy by which the soul is healed of the mortal disease of sin.

This is the true fountain of the Sages; and there is nothing like it upon earth, but one eternal thing, by which the mortal body may, in this vale of tears, be fortified against all accidental disease, shielded from the pangs of poverty, and rendered sound, healthy, and strong, being protected against all mischances to the very end; and by which also metallic bodies may be changed into gold through a quickening of the process which Nature uses in the heart of the earth. The preparation and effects of this Stone are not unjustly considered to bear a close analogy to the creation of the world; therefore, I thought well to give an account of it from the very beginning.

I will now proceed briefly to expound my view of this Art, which, as all Sages testify, corresponds most closely to the creation and generation of man. I will attempt to make my meaning as plain as I dare, for the glory of the Holy Trinity, and the good of all Christian believers. When God had created the world, and adorned it with all manner of green things, herbs, roots, leaves, flowers, grass, and also with animals and minerals, he blessed them, and appointed that everything should bring forth fruit and seed after its kind. Only Adam (who is our Matter) was not yet in a position to produce any fruit out of himself. Before he could propagate his species, it was necessary that a part of him should be taken away, and again joined to him, i.e., his wife Eve. Hereunto we must understand that so long as our substance is still gross and undivided, it can produce no fruit. It must first be divided, the subtle from the gross, or the water from the earth. The water is Eve, or the spirit; the earth Adam, or the body. And as the male is useless for purposes of generation until it be united to the female, so our earth is dead till it is quickened by the union with water. This is what that ancient Sage, Hermes, means when he says that the dead must be raised to life, and the feeble made strong.

It is necessary, then, to unite body and soul, and to change that which is below into that which is above, i.e., body into spirit, and spirit into body. By this expression you are to understand not that the spirit by itself is changed into a body, or that the body by itself is changed into a spirit, but that both are united, and that the spirit, or water, dissolves, or resuscitates the body, or earth, while the body attracts the spirit, or water; and that they are thus joined into one substance, the earth being softened by the water, and the water hardened by the earth --- as the boys in the street pour water on dry dust, and knead the whole into one mass. For this reason the Sages call our process child's play, in which the death of one is the life of the other, i.e., in which the hardness of the one is softened by the other, and vice versa, seeing that the two are nothing but body and spirit originally belonging together. When contemplating this union, the Sage, Hermes, bursts forth into the following exclamation: "Oh, how strong, victorious, and precious is this nature that so unspeakably comforts its supplementary nature!". This nature is water, which stirs up and quickens the nature of the body. Hence it is said that Adam, or the body, would be dead without Eve, the spirit; for when the water has been distilled from our substance, the body lies dead and barren at the bottom of the alembic, and is described by the Sages as being, after the loss of its spirit, black, poisonous, and deadly. If the body is to be resuscitated, it must be rendered fit for generation by being purged of its blackness and fetid smell, and then its sweat or spirit must be restored to it; the spirit cannot conceive unless the body be allowed to embrace its Eve, or spirit. Senior says that the higher vapour must be brought back to the lower vapour; the Divine water is the King that descends from heaven, and leads the soul back to its body which is thereby quickened from the dead. Observe that in the body there is hidden fixed salt, which slumbers there just as the male seed slumbered in Adam. This the spirit, or Eve, attracts, and thus becomes pregnant; that is to say: The seed of the body, which we call fixed salt, is

extracted from the body by its own water (which has before been separated from it), and is rendered so subtle and volatile that it ascends with the spirit to heaven. Then we say that the fixed has become volatile, that the dead has been revived, and that the body has received life from its spirit. On this account the water is called by some Sages the living water of the man, since it is extracted from the body, or man; and Lucas enjoins us to take it, and heat it after the fashion of Nature. Other Sages call the body the "black soil," because in it the fixed salt is concealed from view, like the seed in the ground. Others, again, call it the "black raven," which has in its maw the "white dove"; and the water which is distilled from the body they call the "virgin's milk," --- by which the white dove must be brought forth from the black raven. In short, these things are described by the Sages under a great variety of names; but the meaning of those names is the same. In this fashion the water is embraced by the body and the seed of the body, or the fixed salt, makes the water pregnant. For the water dissolves the body, and bears upward with it some particles of the fixed salt; and the oftener this process is repeated, the thicker does the water become. Hence the repetition of the process is a most important point Hermes says that when he saw the water gradually grow thicker and harder, he rejoiced, for thereby he knew that he should find what he sought. The water, then, must be poured upon the body, and heated with it, till the body is dissolved, and then again extracted till the body is coagulated. Thus the body must be well broken up, and purified by washing. This process of affusion and extraction must be repeated until all the salt, or potency and efficacy, has been extracted from the body. This is the case when the water becomes white and thick, and, in the cold, hard and solid like ice, while in the heat it melts like butter. Now, when nothing more can be extracted from the body, the residuum must be removed; for it is the superfluous part of the substance. This is what the Sages mean when they say: In the preparation we remove that which is superfluous; but otherwise our whole Magistery is accomplished with one single substance, nothing being added, and nothing taken away, except that which is really superfluous; for it possesses in abundance all that is needed, namely, the water, or "white, flaky earth," which must be injected into "living mercury;" that so the transmutation into good and fixed silver may take place. But something much more noble and precious is concealed in this water (fixed salt), which grows and grows like the infant in the mother's womb. For as the embryo in the matrix, which is first a mere seed, grows, and is gradually transmuted into flesh and blood, ie., into a thicker substance, till at length the limbs are formed; so this water grows from the white colour which distinguishes it at first, till it is changed to another colour. (For the embryo, too, is transmuted from the natural colour of the embryo into flesh and blood.) The substance at length assuming a red colour, may be compared to the forming of the infant's limbs; it is then that we first see what is to become of it. When you perceive this final transmutation --- the germ of which lay in the substance all along -- you may well rejoice; for you have attained the object of your desire.

Thus I have described the union of the man and woman, that is to say, of the body and spirit, by means of which the child is conceived in the water, and the whiteness extracted from the black body. Nor do we need anything else, except, as Morienus says, time and patience. This coagulated water is the "white, flaky earth," in which the Sage bids us sow our gold and silver that they may bear fruit a hundred-thousand-fold. This is the "clear spring" of the Count of Trevisa, in which the King bathes, though not assisted by any of his ministers, who only watch his clothes until he has dried up the whole spring, when he makes all his ministers lords and kings such as he was at the time of his entering the bath. But now the King's dignity is three times as great as it was before; he wears a three-fold diadem on his head, and is arrayed in garments that shine like carbuncles and amethysts, and beneath them he wears the tunic of purity, and is bound with the girdle of righteousness. He is the most glorious King of life, whose power transcends all human thought At his side is seated his pure and chaste queen, sprung of his own seed; and of these two are born many royal children. The redness is concealed and preserved in the whiteness, which must not be extracted, but subjected to gentle coction until its full crimson glory flames forth This whiteness is thus referred to in "*The Crowd*": "If you see that after the blackness there follows a whiteness, be sure that after the whiteness will come a redness: for the redness slumbers in the whiteness, and should not be extracted, but gently heated, until the whole turns red." Let what I have now said suffice you.

Hermes:

You must have a good knowledge of the True Principle of both Natural and Artificial Substances.
For he who knows not the true First Principle will never attain to the end.

The Love Of God And
Of Your Neighbour
Is The Perfection Of All Wisdom.
To Love God Is The Highest Wisdom,

And

Time Is Our Possession.
Unto Him Be All Honour, Praise, And Glory

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